

LETTERS



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Letters to the Editor

Acupuncture and low back pain

Aust Prescr 2017;40:208

<https://doi.org/10.18773/austprescr.2017.077>

I was reading the article 'Managing low back pain in primary care'.¹ It included acupuncture as one of the few effective physical therapies. The supporting evidence for this statement was published by the UK National Institute for Health and Care Excellence in 2009. I would like to inform readers that the guidance has been updated. The new guidance states 'Do not offer acupuncture for managing low back pain with or without sciatica'.²

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REFERENCES

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2. National Institute for Health and Care Excellence. 1.2 Non-invasive treatments for low back pain and sciatica. In: Low back pain and sciatica in over 16s: assessment and management. NICE Guideline 59. London: NICE; 2016. www.nice.org.uk/guidance/NG59/chapter/Recommendations#non-invasive-treatments-for-low-back-pain-and-sciatica [cited 2017 Nov 1]