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Book review

Therapeutic Guidelines: Endocrinology. Version 5.

Melbourne: Therapeutic Guidelines Limited; 2014
419 pages

Electronic version also available

The strength of this guideline is its concise and yet thorough approach to the management of the more common endocrinological conditions. For example, strategies for the different types of diabetes are explained in great detail. The guidance for diabetic ketoacidosis and hyperosmolar hyperglycaemia is excellent. The numerous tables provided throughout the book are useful and easy to read.

However, there are areas of weakness. There are too many cross references throughout the book, making it difficult to read in parts. Reference to further

information in the electronic version of the Therapeutic Guidelines, eTG, is common. This is problematic as not every user has access to the electronic version. I do think a guide needs to be able to stand alone.

The recommendations about blood glucose monitoring are too vague and generalised. Also, the advice on sunlight exposure for patients with vitamin D deficiency lacks detail.

Despite some shortcomings, overall I think this book is excellent. I like its pocket size format, and the treatment recommendations are detailed, practical and easy to follow. I recommend this endocrinology guide to health practitioners working in a hospital or in general practice.

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