

Patient support organisation

Arthritis Australia

Arthritis Australia aims to support people with all forms of arthritis including osteoarthritis, rheumatoid arthritis and gout. It publishes information in several languages on the types of disease, treatments, blood tests, surgery, complementary therapies and supplements, diet, exercise and lifestyle advice.

An interactive website www.myjointpain.org.au supports people who are self-managing their osteoarthritis.

Arthritis Australia runs educational events and webinars for health professionals on arthritis topics.

The state and territory branches provide support, information and lifestyle management advice on topics such as diet, managing pain, and local exercise classes including land- and water-based activities.

There is an online community forum where users can post comments and questions. It also provides videos, useful links and expert tips (<http://livingwitharthritis.com.au>).

Website	www.arthritisaustralia.com.au	Phone	(02) 9518 4441
Arthritis information line	1800 011 041 (free call)	Fax	(02) 9518 4011
Email	info@arthritisaustralia.com.au	Address	Level 2/255 Broadway, GLEBE NSW 2037

State/territory	Website	Email
ACT	www.arthritisact.org.au	info@arthritisact.org.au
New South Wales	www.arthritisnsw.org.au	info@arthritisnsw.org.au
Northern Territory	www.aont.org.au	info@aont.org.au
Queensland	www.arthritis.org.au	info@arthritis.org.au
South Australia	www.arthritissa.org.au	info@arthritissa.org.au
Tasmania	www.arthritistas.org.au	info@arthritistas.org.au
Victoria	www.arthritisvic.org.au	afv@arthritisvic.org.au
Western Australia	www.arthritiswa.org.au	general@arthritiswa.org.au