

TENOFOVIR DISOPROXIL/EMTRICITABINE/ EFAVIRENZ VIATRIS 300/200/600

tenofovir disoproxil maleate, emtricitabine, efavirenz

Consumer Medicine Information

This leaflet provides important information about using TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using TENOFOVIR**

DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600.

Where to find information in this leaflet:

1. **Why am I using TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600?**
2. **What should I know before I use TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600?**
3. **What if I am taking other medicines?**
4. **How do I use TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600?**
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1. **Why am I using TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600?**

TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 contains the active ingredients tenofovir disoproxil maleate, emtricitabine and efavirenz. These are combined in one tablet to help control Human Immunodeficiency Virus (HIV-1) infection.

Tenofovir disoproxil and emtricitabine belong to a group of antiviral medicines known as nucleoside and nucleotide reverse transcriptase inhibitors (NRTI). Efavirenz belongs to a group of antiviral medicines known as non-nucleoside reverse transcriptase inhibitors (NNRTI).

TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 is used to treat HIV-1 infection in adults. This medicine can be taken alone or in combination with other anti-HIV medicines.

Do not take TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 if you are under the age of 18 years.

Do not take TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 if you are over the age of 65 before discussing with your doctor.

How TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 works

HIV-1 infection destroys CD4 T cells, which are important to the immune system. The

immune system helps fight infection. After a large number of T cells are destroyed, acquired immune deficiency syndrome (AIDS) may develop.

TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 helps block HIV- 1 reverse transcriptase, a viral chemical in your body (enzyme) that is needed for HIV-1 to multiply. TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 lowers the amount of HIV-1 in the blood (viral load). TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 may also help to increase the number of T cells (CD4+ cells), allowing your immune system to improve. Lowering the amount of HIV-1 in the blood lowers the chance of death or infections that happen when your immune system is weak (opportunistic infections).

TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 does not cure HIV-1 infection or AIDS.

The long-term effects of TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 are not known at this time. People taking TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 may still get opportunistic infections or other conditions that happen with HIV- 1 infection.

Opportunistic infections are infections that develop because the immune system is weak.

Some of these conditions are:

- pneumonia,
- herpes virus infections, and
- Mycobacterium avium complex (MAC) infections.

This medicine is only available from a pharmacist after it has been prescribed by a doctor who specialises in the treatment of HIV- 1 infection.

If you wish to continue receiving treatment with TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600, it is important you remain under the care of a hospital or doctor who specialises in the treatment of HIV-1 infection.

TENOFOVIR DISOPROXIL/EMTRICITABINE/EFAVIRENZ VIATRIS 300/200/600 has not been shown to lower your chance of passing HIV to others through sexual contact, sharing needles, or being exposed to your blood.

Do not share needles or other injection equipment.

Do not share personal items that can have blood or body fluids on them, like toothbrushes or razor blades.

Do not have any kind of sex without protection.