

MELATONIN VIATRIS

Active ingredient: melatonin

Consumer Medicine Information

This leaflet provides important information about using MELATONIN VIATRIS. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using MELATONIN VIATRIS.**

Where to find information in this leaflet:

- 1. Why am I using MELATONIN VIATRIS?**
- 2. What should I know before I use MELATONIN VIATRIS?**
- 3. What if I am taking other medicines?**
- 4. How do I use MELATONIN VIATRIS?**
- 5. What should I know while using MELATONIN VIATRIS?**
- 6. Are there any side effects?**
- 7. Product details**

1. Why am I using MELATONIN VIATRIS?

MELATONIN VIATRIS contains the active ingredient melatonin. MELATONIN VIATRIS is (not of plant or animal origin), belongs to a group of naturally occurring hormones produced in the body.

Melatonin works by controlling the circadian rhythms and increasing the propensity to sleep.

MELATONIN VIATRIS is used to improve sleep quality and morning alertness in patients over 55 years of age with primary insomnia with poor quality of sleep.