

# EZETAST

*ezetimibe and atorvastatin (as calcium trihydrate)) tablets*

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## Consumer Medicine Information

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### What is in this leaflet

This leaflet answers some common questions about EZETAST.

It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking EZETAST against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

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### What EZETAST is used for

EZETAST helps to lower cholesterol and triglyceride levels. It is used in people whose cholesterol and triglyceride levels are too high and when diet alone cannot lower these levels adequately.

#### *What is high cholesterol*

Cholesterol is one of several fatty substances found in the bloodstream. Your total cholesterol is made up mainly of LDL and HDL cholesterol.

LDL cholesterol is often called "bad" cholesterol because it can build up in the walls of your arteries forming plaque. Eventually this plaque build up can lead to a narrowing of the arteries. This

narrowing can slow or block blood flow to vital organs such as the heart and brain. This blocking of blood flow can result in a heart attack or stroke.

HDL cholesterol is often called "good" cholesterol because it helps keep the bad cholesterol from building up in the arteries and protects against heart disease.

#### *Triglycerides*

Triglycerides are another form of fat in your blood that may increase your risk for heart disease.

#### *Heart Disease*

If you have heart disease and a history of heart attack or hospitalisation for unstable angina (chest pain), EZETAST reduces the risk of heart attack, stroke, surgery to increase heart blood flow, or hospitalization for chest pain.

#### *How EZETAST works*

EZETAST contains two different medicines. One is Ezetrol (ezetimibe) and the other is atorvastatin (atorvastatin calcium trihydrate). EZETAST reduces elevated total cholesterol, LDL ('bad') cholesterol and triglycerides and increases HDL ('good') cholesterol.

EZETAST works by decreasing the absorption of cholesterol in the small intestine and by reducing the amount of cholesterol made in the liver.

Your doctor may have prescribed EZETAST for another reason.

**Ask your doctor if you have any questions about why EZETAST has been prescribed for you.**

EZETAST is not addictive.

EZETAST does not help you lose weight.

EZETAST is available only with a doctor's prescription.

#### *Use in children*

EZETAST is not recommended for use in children, as there have been no studies of its effects in children.

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### Before you take EZETAST

#### *When you must not take it*

**Do not take EZETAST if:**

- **you have an allergy to EZETAST or any of the ingredients listed at the end of this leaflet.**  
Symptoms of an allergic reaction may include:
  - shortness of breath;
  - wheezing or difficulty breathing;
  - swelling of the face, lips, tongue, throat or other parts of the body;
  - rash, itching or hives on the skin;
- **you have had muscle pain, tenderness or weakness from other medicines used to treat high cholesterol or triglycerides.**
- **you are pregnant or intend to become pregnant or you are breastfeeding. If you are a woman of childbearing age**

and are taking EZETAST use a proven method of birth control to avoid pregnancy. EZETAST is contraindicated (i.e. should not be used) during pregnancy and breastfeeding. If you take this medicine during pregnancy and breastfeeding your baby may absorb this medicine and it may affect your baby's normal development causing fetal malformations (birth defects) or irreversible damage.

- **you have active liver disease or repeated blood tests indicating possible liver problems.**
- **the expiry date on the pack has passed or if the packaging is torn or shows signs of tampering.**

If you take EZETAST after the expiry date has passed, it may not work.

**Return any expired or damaged EZETAST to your pharmacist for disposal**

**Do not take EZETAST together with fenofibrate if you have gall bladder disease.**

**Do not take EZETAST together with fusidic acid (an antibiotic).**

**If you are not sure whether you should start taking EZETAST, talk to your doctor.**

### *Before you start to take it*

Your doctor will ask you to have your liver function tested before you start to take EZETAST.

**Tell your doctor if:**

- **you have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes.**
- **you have, or have had, any medical condition, including:**
  - **liver problems**  
Your doctor will do blood tests sometimes to make sure you have no problems with your liver;
  - **kidney problems;**

**- you have unexplained muscle pain, tenderness or weakness not caused by exercise. This is because on rare occasions, muscle problems can be serious, including muscle breakdown resulting in kidney damage that can lead to death;**  
Your doctor may do a blood test to check for certain muscle problems.

**- type of stroke called a haemorrhagic stroke, or a type of stroke called a lacunar stroke;**

If you have had one of these strokes before, this medicine may increase the risk of you having a haemorrhagic stroke;

- **breathing problems;**
- **you drink alcohol regularly.**

**If you have not told your doctor about any of the above, tell him/her before you start taking EZETAST.**

### *Taking other medicines*

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.**

Some medicines may be affected by EZETAST, or may affect how well it works, or may increase the risk of side effects with EZETAST. You may need different amounts of your medicines, or you may need to take different medicines or take your medicines at different times. Your doctor will advise you.

### *Tell your doctor if...*

**Tell your doctor if you are taking any of the following:**

- bile acid sequestrants, such as cholestyramine, used to lower cholesterol levels;
- other medicines to lower cholesterol or triglyceride levels, for example, gemfibrozil, fenofibrate, other fibrates, Vitamin B3 (niacin);

- warfarin or fluindione, used to prevent blood clots;
- erythromycin, clarithromycin, rifampicin or fusidic acid, antibiotics used to treat infection;
- some medicine used to treat certain fungal infections, such as ketoconazole or itraconazole;
- efavirenz and protease inhibitors such as fosamprenavir and combinations of lopinavir/ritonavir, darunavir/ritonavir and saquinavir/ritonavir for the treatment of HIV infections;
- hepatitis C antiviral agents, such as, telaprevir, boceprevir, elbasvir or grazoprevir;
- phenytoin, used to treat epilepsy (seizures);
- ciclosporin, used to suppress the immune system;
- colchicine, used for gout
- spironolactone, used to treat high blood pressure and certain types of swelling;
- diltiazem used to treat angina
- digoxin, used to treat heart failure;
- oral contraceptives for birth control;
- antacids and cimetidine, used to treat reflux or ulcers;
- St. John's Wort (hypericum perforatum) (a medicine to treat depression).

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking EZETAST.

**If you have not told your doctor about any of the above, tell them before you start taking EZETAST.**

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## How to take EZETAST

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**Take EZETAST only when prescribed by your doctor.**

**Follow all directions given to you by your doctor or pharmacist carefully.**

They may differ from the information contained in this leaflet.

**If you do not understand these instructions, ask your doctor or pharmacist for help.**

**If you are currently taking a medicine that contains ezetimibe and/or atorvastatin which are contained in EZETAST:**

- Stop taking your current medicine (s) that contain ezetimibe and/or atorvastatin as this may result in you taking more medicine than you need;
- take the remaining medicine(s) to your pharmacist for safe disposal.

Check with your doctor if you are not sure about the medicines you are taking.

### *How much to take*

The recommended dose in adults (18 years and over) is one EZETASTL 10/10 mg, 10/20 mg, 10/40 mg or 10/80 mg tablet once a day.

### *How to take it*

**Swallow the tablet whole with a full glass of water.**

### *When to take it*

**EZETAST can be taken at any time of the day. However, EZETAST should be taken at about the same time each day.**

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

Take EZETAST with or without food.

### *Taking EZETAST with other cholesterol-lowering agents*

Your doctor may ask you to take EZETAST with other cholesterol lowering agents such as bile acid sequestrants.

**If you are taking a bile acid sequestrant, such as cholestyramine, take your EZETAST either at least two hours before or four hours after taking the bile acid sequestrant.**

### *How long to take it*

**Take EZETAST every day and continue taking it for as long as your doctor tells you.**

EZETAST helps to lower your cholesterol levels but does not cure your condition. If you stop taking EZETAST your cholesterol levels may rise again.

### *If you forget to take it*

**If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking your tablet as you would normally.**

**Do not take a double dose to make up for the dose that you missed.**

This may increase the chance of you getting a side effect.

**If you are not sure what to do, talk to your doctor or pharmacist.**

**If you have trouble remembering to take your medicine, ask your pharmacist for some hints.**

### *If you take too much (overdose)*

**Immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much EZETAST. Do this even if there are no signs of discomfort or poisoning.**

You or anyone else may need urgent medical attention.

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## **While you are taking it**

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### *Things you must do*

**If you become pregnant while you are taking EZETAST, stop taking it and tell your doctor immediately**

**Keep all your doctor's appointments.**

Even if you are taking medicines to treat high cholesterol, it is important to have your cholesterol measured regularly. You should also know your cholesterol levels and goals.

Your doctor will ask you to have your liver function tested from time to time while you are taking EZETAST to make sure the medicine is working and to prevent unwanted side effects.

**If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking EZETAST.**

**Tell any other doctors, dentists, and pharmacists who treat you that you are taking EZETAST.**

### *Things you must not do*

**Do not take EZETAST to treat any other conditions unless your doctor tells you to.**

**Do not give EZETAST to anyone else, even if they have the same condition as you.**

### *Things to be careful of*

**Avoid drinking large quantities of alcohol.**

Drinking large quantities of alcohol while taking EZETAST may increase your chance of getting liver problems.

**Avoid drinking large quantities of grapefruit juice.**

Grapefruit juice contains one or more components that alter the metabolism of some medicines, including EZETAST. Drinking very large quantities (over 1.2 litres) of grapefruit juice each day while taking EZETAST increases your chance of getting side effects.

**Be careful driving or operating machinery until you know how EZETAST affects you.**

There have been side effects reported with EZETAST that may affect your ability to drive or operate machinery. Individual responses to EZETAST may vary.

*Things that may help your condition*

**Lifestyle Changes -**

This includes a cholesterol-lowering diet, increasing physical activity, and weight management. Ask your doctor for advice before increasing physical activity.

**Medicines -**

Cholesterol-lowering medicines are used together with lifestyle changes to help lower cholesterol.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking EZETAST.**

EZETAST helps most people with high cholesterol levels or triglyceride levels, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

**Do not be alarmed by the following lists of side effects.**

You may not experience any of them.

**Ask your doctor or pharmacist to answer any questions you may have.**

*Tell your doctor if...*

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- diarrhoea;
- muscle aches, spasms, tiredness or weakness;

- constipation;
- frequent bowel movements;
- nausea;
- stomach or belly pain;
- heartburn, indigestion or wind;
- aches and pain;
- stiffness;
- leg cramps;
- taste disturbance;
- depression;
- trouble sleeping;
- influenza;
- dizziness;
- headache;
- tingling or numbness of the hands or feet;
- slow heart beat;
- hot flush;
- shortness of breath;
- unusual tiredness or weakness;
- generally feeling unwell;
- elevation in some laboratory blood tests of liver or muscle function;
- weight gain;
- acne;
- pain in arms and legs;
- swelling;
- poor memory;
- confusion;
- hearing loss;
- visual disturbance;
- sexual difficulties;
- diabetes (this is more likely if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure.

Your doctor will monitor you while taking this medicines).

The above list includes the more common and uncommon side effects of your medicine. They are usually mild and short-lived.

*Tell your doctor immediately if...*

**Tell your doctor immediately if you notice any of the following:**

- skin rash and hives;

- raised red rash, sometimes with circle-shaped lesions;
- steady abdominal pain with nausea and vomiting;
- joint pain;
- tendon injury;
- bleeding or bruising more easily than normal;
- yellowing of the skin and eyes;
- dark coloured urine;
- light coloured bowel motions
- problems with breathing including shortness of breath, persistent cough and fever that may also occur with fatigue or unexplained weight loss.

These may be serious side effects. You may need urgent medical attention.

*Go to hospital if...*

**If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:**

- swelling of the face, lips, mouth, throat or tongue which may cause difficulty in swallowing or breathing.  
These may be serious side effects. If you have them, you may have had a serious allergic reaction to EZETAST. You may need urgent medical attention or hospitalisation. These side effects are very rare.
- chest pain
- unexpected muscle pain, tenderness, or weakness not caused by exercise and particularly, if at the same time, you feel unwell or have a high temperature while taking or after your doctor has advised you to stop taking EZETAST.  
This may be a serious side effect. This is because on rare occasions, muscle problems can be serious including muscle breakdown resulting in kidney damage. You may need urgent medical attention.
- sudden severe headache, which may be accompanied by nausea,

vomiting, loss of sensation, tingling in any part of ringing in the ears.

- serious illness with severe peeling and swelling of the skin, severe blisters and bleeding of the lips, eyes, mouth, nose or genitals and skin rash with pink-red blotches especially on the palms of hands or soles of feet, which may blister.

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation.

**Tell your doctor or pharmacist if you notice anything that is making you feel unwell.**

Other side effects not listed above may also occur in some people.

If you are prescribed EZETAST your healthcare professional may want to conduct routine blood tests to check your liver function before and after starting treatment.

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## After taking EZETAST

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### Storage

**Keep your tablets in a cool dry place where the temperature stays below 25°C.**

**Do not store EZETAST or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.**

Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### Disposal

**If your doctor tells you to stop taking EZETAST or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.**

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## Product description

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### What it looks like

EZETAST comes in four different strengths:

- EZETAST 10/10 mg
- EZETAST 10/20 mg
- EZETAST 10/40 mg
- EZETAST 10/80 mg

EZETAST 10/10 mg is a white to off-white capsule-shaped, biconvex, film-coated tablet debossed with 'AE' on one side and '1' on the other.

EZETAST 10/20 mg is a white to off-white, capsule-shaped, biconvex, film-coated tablet debossed with 'AE' on one side and '2' on the other side.

EZETAST 10/40 mg is a white to off-white, capsule-shaped, biconvex, film-coated tablet debossed with 'AE' on one side and '3' on the other.

EZETAST 10/80 mg is a white to off-white, capsule-shaped, biconvex, film-coated tablet debossed with 'AE' on one side and '4' on the other.

### Ingredients

#### Active ingredients:

EZETAST 10/10 mg – Ezetimibe 10 mg / Atorvastatin (as calcium trihydrate) 10 mg per tablet.

EZETAST 10/20 mg – Ezetimibe 10 mg / Atorvastatin (as calcium trihydrate) 20 mg per tablet.

EZETAST 10/40 mg – Ezetimibe 10 mg / Atorvastatin (as calcium trihydrate) 40 mg per tablet.

EZETAST 10/80 mg – Ezetimibe 10 mg / Atorvastatin (as calcium trihydrate) 80 mg per tablet.

#### Inactive ingredients:

- Povidone;
- Sodium lauryl sulfate;
- Lactose monohydrate;
- Crospovidone,
- Colloidal anhydrous silica;

- Sodium stearyl fumarate;
- Microcrystalline cellulose;
- Lactose;
- Calcium carbonate;
- Hypromellose;
- Opadry White AMB complete film coating system OY-B-28920 White (4271)

The film coating contains:

- Polyvinyl alcohol;
- Titanium dioxide;
- Talc;
- Lecithin;
- Xanthan gum.

### Australian Registration Numbers

EZETAST 10/10 mg: AUST R 306963

EZETAST 10/20 mg: AUST R 306966

EZETAST 10/40 mg: AUST R 306958

EZETAST 10/80 mg: AUST R 306956

### Supplier

Arrotex Pharmaceuticals Pty Ltd  
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