Wagner Health Melatonin
MODIFIED RELEASE TABLETS

Active ingredient: Melatonin

Consumer Medicine Information

This leaflet provides important information about using Wagner Health Melatonin. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Wagner Health Melatonin.**

Where to find information in this leaflet:

1. Why am I using Wagner Health Melatonin?

2. What should I know before I use Wagner Health Melatonin?

3. What if I am taking other medicines?

4. How do I use Wagner Health Melatonin?

5. What should I know while using Wagner Health Melatonin?

6. Are there any side effects?

7. Product details

1. Why am I using Wagner Health Melatonin?

Wagner Health Melatonin contains the active ingredient melatonin. Wagner Health Melatonin is (not of plant or animal origin), belongs to a group of naturally occurring hormones produced in the body.

Melatonin works by controlling the circadian rhythms and increasing the propensity to sleep.

Wagner Health Melatonin is used to improve sleep quality and morning alertness in patients over 55 years of age with primary insomnia with poor quality of sleep.

2. What should I know before I use Wagner Health Melatonin?

Warnings

Do not use Wagner Health Melatonin if:

- you are allergic to melatonin, or any of the ingredients listed at the end of this leaflet.
  Always check the ingredients to make sure you can use this medicine.
  Symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing, swelling of the face, lips, tongue or other parts of the body, rash, itching or hives on the skin.