

Sodium Chloride 0.9% Intravenous Infusion

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I receiving Sodium Chloride 0.9%?

Sodium Chloride 0.9% Intravenous Infusion (Sodium Chloride 0.9%) contains the active ingredient Sodium Chloride. Sodium Chloride 0.9% is used to help replace and replenish water, fluid and electrolyte balance in the body.

For more information, see Section [1. Why am I receiving Sodium Chloride 0.9%?](#) in the full CMI.

2. What should I know before I receive Sodium Chloride 0.9%?

Do not use if you have ever had an allergic reaction to Sodium Chloride 0.9% or any of the ingredients listed at the end of the CMI. **Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I receive Sodium Chloride 0.9%?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Sodium Chloride 0.9% and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How is Sodium Chloride 0.9% given?

- Usually, your doctor or trained nurse will give Sodium Chloride 0.9% by an infusion (drip) into a vein (intravenously).
- Your doctor will decide how much Sodium Chloride 0.9% to give. The amount depends on your need and condition.

More instructions can be found in Section [4. How is Sodium Chloride 0.9% given?](#) in the full CMI.

5. What should I know while receiving Sodium Chloride 0.9%?

Things you should do	<ul style="list-style-type: none">• Discuss your progress with your doctor. They will monitor you closely during and after your infusion.• Tell your doctor straight away if you develop fever, persistent vomiting, diarrhoea, signs of dehydration, cough or breathing difficulties, or have signs of an allergic reaction (see 'Are there any side effects?').• Remind any doctor, nurse, dentist or pharmacist you visit that you have received Sodium Chloride 0.9%.
Things you should not do	<ul style="list-style-type: none">• Do not stop using this medicine suddenly.• Use this medicine to treat any other complaints unless your doctor tells you to.
Driving or using machines	<ul style="list-style-type: none">• Be careful before you drive or use any machines or tools until you know how Sodium Chloride 0.9% affects you. It may cause dizziness in some people.
Drinking alcohol	<ul style="list-style-type: none">• Tell your doctor if you drink alcohol. It may affect your treatment.
Looking after your medicine	<ul style="list-style-type: none">• Sodium Chloride 0.9% will be stored in the pharmacy or in the ward, kept below 25°C.• If for any reason you need to keep this product at home, it should be stored in a locked cupboard. Do not freeze.

For more information, see Section [5. What should I know while receiving Sodium Chloride 0.9%?](#) in the full CMI.

6. Are there any side effects?

For more information on what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Sodium Chloride 0.9% Intravenous Infusion

Active ingredient: *Sodium Chloride*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Sodium Chloride 0.9% Intravenous Infusion (Sodium Chloride 0.9%). **You should also speak to your doctor, nurse or pharmacist if you would like further information or if you have any concerns or questions about using Sodium Chloride 0.9%.**

Where to find information in this leaflet:

- [1. Why am I receiving Sodium Chloride 0.9%?](#)
- [2. What should I know before I receive Sodium Chloride 0.9%?](#)
- [3. What if I am taking other medicines?](#)
- [4. How is Sodium Chloride 0.9% given?](#)
- [5. What should I know while receiving Sodium Chloride 0.9%?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I receiving Sodium Chloride 0.9%?

Sodium Chloride 0.9% contains the active ingredient sodium chloride. Sometimes called 'normal saline', a doctor or nurse gives it as an infusion into your vein. It helps replace and replenish water, fluid and electrolyte balance in the body.

Sodium Chloride 0.9% can also be used:

- to mix and deliver certain medicines
- as a sterile liquid to wash or rinse body parts during medical procedures.

2. What should I know before I receive Sodium Chloride 0.9%?

Warnings

Do not use Sodium Chloride 0.9% if:

- you are allergic to sodium chloride injections or infusion, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.
- you have congestive heart failure, a condition where the heart does not pump properly, causing fluid to build up in your lungs or body
- you have severe kidney problems
- you have severe liver disease
- if you have swelling in your body due to too much salt.

Check with your doctor if you:

- have heart problems
- have kidney or liver problems
- have fluid retention, including swelling in your brain, lungs or body
- have breathlessness
- have high blood pressure
- have any other medical conditions
- take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed. A small amount of Sodium Chloride may enter the breast milk but is unlikely to affect the baby.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Sodium Chloride 0.9% and affect how it works.

Medicines that may lead to very low sodium levels when given with Sodium Chloride 0.9% include:

- clofibrate, a medicine to lower cholesterol
- antiepileptics (anti-seizure medicines) such as carbamazepine
- chemotherapy medicines for cancer such as chlorpropamide, vincristine, ifosfamide, cyclophosphamide
- medicines to treat depression and anxiety
- antipsychotics, that help manage psychosis
- pain relievers such as opioids and NSAIDs
- medicines to treat diabetes such as desmopressin and vasopressin
- terlipressin, a medicine to control bleeding from the food pipe
- oxytocin, a medicine used to induce labour and control postpartum bleeding
- diuretics, medicines to remove excess salt and water

Other medicines that may interact with Sodium Chloride 0.9% include:

- corticosteroids, medicines used to reduce inflammation and suppress immune response.
- corticotrophin, a medicine used to stimulate adrenal glands
- lithium, a medicine to treat bipolar disorder

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Sodium Chloride 0.9%.

4. How is Sodium Chloride 0.9% given?

How it is given

- Your doctor or trained nurse will give Sodium Chloride 0.9% by an infusion (drip) into a vein (intravenously). A cannula (administration needle) is placed in a vein prior to the infusion.
- It is usually given in a hospital, clinic or nursing home. The infusion requires special equipment and medical training. You may receive it at home if your doctor has arranged for it.

How much is given

- Your doctor will decide how much Sodium Chloride 0.9% to give. The amount depends on your need and condition.
- Your doctor will decide how long you need to be given Sodium Chloride 0.9%.

If you are given too much Sodium Chloride 0.9%

The doctor or nurse giving you Sodium Chloride 0.9% is highly trained and qualified, so it is unlikely that you will be given an overdose.

If you think that you have been given too much, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while receiving Sodium Chloride 0.9%?

Things you should do

During and after treatment, discuss your progress with your doctor. Tell them if you've had any side effects or concerns, especially during the first few days of therapy.

Your doctor and nurse will closely monitor you during treatment, and may use laboratory tests to make sure you

are safely receiving the right amount of Sodium Chloride 0.9%.

Call your doctor straight away if you:

- develop fever, persistent vomiting, diarrhoea, signs of dehydration, cough or breathing difficulties
- have signs of an allergic reaction (see 'Are there any side effects?')

Remind any doctor, nurse, dentist or pharmacist you visit that you have received Sodium Chloride 0.9%.

Things you should not do

- Do not stop using this medicine suddenly.
- Use this medicine to treat any other complaints unless your doctor tells you to.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Sodium Chloride 0.9% affects you.

Sodium Chloride 0.9% may cause dizziness in some people.

Drinking alcohol

Tell your doctor if you drink alcohol.

Drinking alcohol may affect your treatment.

Looking after your medicine

Sodium Chloride 0.9% will be stored in the pharmacy or in the ward, kept below 25°C.

If for any reason you need to keep this product at home, it should be stored in a locked cupboard.

- Store below 25°C.
- Do not freeze.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool, dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<p>Heart-related:</p> <ul style="list-style-type: none"> • low blood pressure (may cause dizziness and light headedness) • rapid heartbeat • some swelling of the hands, ankles and feet may be experienced due to retention of water in your body. • in rare circumstances, this may also involve the lungs, which may cause some breathing difficulty. <p>Digestive system-related:</p> <ul style="list-style-type: none"> • nausea • vomiting • diarrhoea • cramps • reduced salivation • increased thirst <p>Nervous system-related:</p> <ul style="list-style-type: none"> • headache • dizziness • restlessness • drowsiness • confusion <p>Muscle and bone-related:</p> <ul style="list-style-type: none"> • muscle twitching • weakness <p>Immune system-related:</p> <ul style="list-style-type: none"> • fever • tremor • chills • itching • rash or hives <p>Others:</p> <ul style="list-style-type: none"> • inflammation of the vein at the site of injection • pain at the injection site 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Allergic-reaction related:</p> <ul style="list-style-type: none"> • shortness of breath, wheezing, difficulty breathing or a tight feeling in your chest • swelling of the face, lips, tongue or other parts of the body • rash, itching, hives or flushed, red skin • dizziness or light headedness <p>Others:</p> <ul style="list-style-type: none"> • seizures 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Sodium Chloride 0.9% contains

Active ingredient (main ingredient)	Sodium Chloride
Other ingredients (inactive ingredients)	Water for Injections
Potential allergens	Sodium, Chloride

Do not take this medicine if you are allergic to any of these ingredients.

What Sodium Chloride 0.9% looks like

Sodium Chloride 0.9% Intravenous Infusion in VIAFLO plastic container is a clear sterile solution available as the following products:

- VIAFLO 0.9% Sodium Chloride 450 mg/50 mL injection intravenous infusion bag (Aust R 298309)
- VIAFLO 0.9% Sodium Chloride 900 mg/100 mL injection intravenous infusion bag (Aust R 298310)
- 0.9% Sodium Chloride intravenous infusion 2.25g/250mL bag (Aust R 168509)
- 0.9% Sodium Chloride intravenous infusion 4.5g/500mL (Aust R 168510)
- 0.9% Sodium Chloride intravenous infusion 9g/1000mL bag (Aust R 168511)

Not all products may be marketed.

Who distributes Sodium Chloride 0.9%

Baxter Healthcare Pty Ltd
 1 Baxter Drive
 Old Toongabbie
 NSW 2146
 Australia

This leaflet was prepared in August 2025