

Pulmoris

5 mg and 10 mg film coated tablets

Ambrisentan

Consumer Medicine Information

What is in this leaflet

Please read this leaflet carefully before you start taking Pulmoris.

This leaflet answers some common questions about Pulmoris. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking Pulmoris against the benefits they expect it will have for you.

If you have any questions about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What Pulmoris is used for

Pulmoris contains the active ingredient ambrisentan which is a type of medicine called an endothelin receptor antagonist (ERA). It is used to treat adults with pulmonary arterial hypertension (PAH), which is high blood pressure in the blood vessels (the pulmonary arteries) that carry blood from the heart to the lungs. In people with PAH, these arteries get narrower, so the heart has to work harder to pump blood through them. This causes people to become tired, dizzy and short of breath. Pulmoris widens the pulmonary arteries, making it easier for your heart to pump blood through them. This lowers the blood pressure and relieves your symptoms.

Pulmoris is not recommended for use in children as there have been no studies of its effects in children.

Pulmoris must not be used for the treatment of idiopathic pulmonary fibrosis (IPF) and must not be used in patients who have IPF with or without secondary pulmonary hypertension.

Pulmoris is available as 5 mg and 10 mg tablets.

This medicine is available only with a doctor's prescription.

Before you take Pulmoris

Do not take Pulmoris if you have an allergy to:

- any medicine containing ambrisentan
- any of the ingredients listed at the end of this leaflet
- any other similar medicine.

Some of the symptoms of an allergic reaction may include:

- shortness of breath.
- wheezing or difficulty breathing.
- swelling of the face, lips, tongue or other parts of the body.
- rash, itching or hives on the skin.

Do not take Pulmoris if you are pregnant or planning to become pregnant.

It may affect your developing baby if you take it during pregnancy or if you become pregnant soon after you stop treatment.

If it is possible you could become pregnant, you must use reliable birth control (contraception) while using

Pulmoris and for 3 months after you stop taking it. Use at least two reliable forms of birth control (contraception) while you are taking Pulmoris. Talk to your doctor about this.

If you are a woman who could become pregnant, your doctor will ask you to take a pregnancy test before you take Pulmoris.

If you are a male you should avoid exposing your partner to your semen by use of appropriate contraception e.g. condoms.

If you do become pregnant, talk to your doctor immediately.

Do not take Pulmoris if:

- you have scarring of the lungs of unknown cause (a condition known as idiopathic pulmonary fibrosis or IPF)
- you have or have had a serious liver problem
- you have raised levels of some liver enzymes (detected by blood tests).

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

Before you start to take it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you are breast-feeding or plan to breast feed.

Your doctor can discuss with you the risks and benefits involved.

Tell your doctor if you have or have had any of the following medical conditions:

- liver disease
- heart disease called right heart failure
- a low number of red blood cells (anaemia)
- if you have swelling, especially of the ankles and feet (oedema)
- low blood pressure
- kidney problems.

If any of these applies to you, your doctor will decide if Pulmoris is suitable for you.

Blood tests

Your doctor will take blood tests to check:

- whether you have a reduced number of red blood cells (anaemia)
- that your liver is working properly.

These blood tests will be taken before you start taking Pulmoris and throughout your treatment with Pulmoris.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Pulmoris may interfere with each other. This includes:

- ciclosporin (a medicine taken if you have an organ transplant). If you take

ciclosporin, do not take more than one 5 mg tablet of Pulmoris, once a day

- ketoconazole (medicine for fungal infection).

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to take Pulmoris

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

How much to take

The usual dose of Pulmoris is 5 mg, once a day. Your doctor may decide to increase your dose to 10 mg, once a day.

If you take ciclosporin, do not take more than one 5 mg tablet of Pulmoris, once a day.

How to take it

Swallow the tablet whole, with a glass of water.

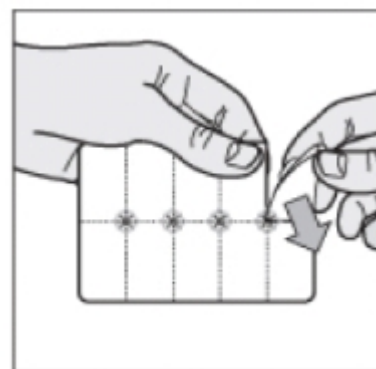
Pulmoris tablets should not be split, crushed or chewed.

You can take Pulmoris with or without food.

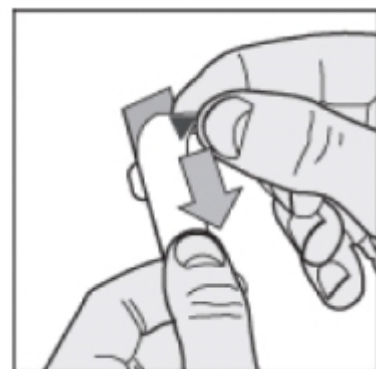
Pulmoris tablets are packaged in a special child resistant blister pack.

The diagrams below provide instructions on how best to remove the tablets from the packaging.

1. Tear along the perforated lines to separate one "pocket" from the blister strip.



2. Starting at the coloured corner, gently lift and peel back the outer layer over the pocket, exposing the foil beneath.



3. Push out the tablet through the exposed foil layer.



When to take it

Take your medicine at about the same time each day.

Taking it at the same time each day will have the best effect. It will also help you remember when to take it.

It does not matter if you take this medicine before or after food.

How long to take it

Continue taking your medicine for as long as your doctor tells you.

This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

If you forget to take it

Take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose that you missed.

This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

If you take too much Pulmoris

Immediately telephone your doctor or Poisons Information Centre (In Australia, telephone 131126) for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Pulmoris. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using Pulmoris

Things you must do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Pulmoris. Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.

You must use reliable birth control (contraception) while using Pulmoris and for 3 months after you stop taking it. Use at least two reliable forms of birth control (contraception).

If you become pregnant while taking this medicine, tell your doctor immediately.

If you are a male, you should avoid exposing your partner to your semen by use of appropriate contraception e.g. condoms.

Keep all of your doctor's appointments so that your progress can be checked.

Your doctor will need to take regular blood tests while you are taking this medicine to ensure your liver function and red blood cell (anaemia) levels remain normal.

Things you must not do

Do not take Pulmoris to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not stop taking your medicine or lower the dosage without checking with your doctor.

Things to be careful of

It is not known whether Pulmoris affects your ability to drive or use machines.

However, the symptoms of your condition can make you less fit to drive.

Do not drive or operate machines if you're feeling unwell.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Pulmoris.

This medicine helps most people with pulmonary arterial hypertension, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Very common side effects (could affect more than one in 10 people) include:

- swelling (oedema), especially in the ankles and feet
- headache
- a runny or blocked nose, congestion or pain in the sinuses
- dizziness
- palpitations (fast or irregular heart beat)
- feeling tired, lack of energy (fatigue)
- worsening shortness of breath shortly after starting Pulmoris
- signs of anaemia, such as tiredness, weakness, shortness of breath and feeling generally unwell
- when taking ambrisentan in combination with Tadalafil (another PAH) medicine. All the above apply plus:
 - vomiting
 - flushing (redness of the skin)
 - chest pain/discomfort
 - nausea
 - diarrhoea

Other common side effects (could affect up to one in 10 people) include:

- constipation
- pain in your stomach
- feeling weak
- vomiting

- heart failure
- hypotension
- fainting
- abnormal blood tests for liver function
- runny nose
- chest pain or discomfort
- flushing
- nose bleed
- rash
- tinnitus (ringing or buzzing in the ear) when taking ambrisentan in combination with Tadalafil
- allergic reactions: you may notice a rash or itching or swelling (usually of the face, lips or throat), which may cause difficulty in breathing or swallowing
- visual disturbance (blurred vision or changes in your ability to see clearly).

Uncommon side effects include:

- signs that your liver may not be working as it normally should include:
 - loss of appetite
 - sick (nausea)
 - vomiting
 - fever
 - unusual tiredness
 - pain in the stomach (abdominal pain)
 - yellow colouring of your skin or the whites of your eyes (jaundice)
 - your urine turns dark in colour
 - itching of the skin
 - abnormal liver function which may show up in your blood tests
- sudden hearing loss, in combination with Tadalafil.

If you notice any of these signs, tell your doctor immediately.

Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

After using Pulmoris

Storage

Keep your tablets in the pack until it is time to take them.

If you take the tablets out of the pack they may not keep well.

Keep your tablets in a cool dry place where the temperature stays below 30°C.

Do not store Pulmoris or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Product description

What Pulmoris looks like

Pulmoris is presented in blister packs composed of lidding peel-push aluminium

foil and PVC/PVDC film of 10 and 30 tablets.

Pulmoris is available in two strengths - 5 mg and 10 mg.

The 5 mg tablet is a pale pink, square shaped, biconvex, filmcoated tablets debossed with "CL" on one side and "5" on the other side.

The 10 mg tablet is a pink, oval shaped, biconvex, filmcoated tablets debossed with "CL" on one side and "10" on the other side.

Ingredients

Pulmoris contains the active ingredient ambrisentan.

Pulmoris also contains:

- Microcrystalline cellulose,
- Lactose monohydrate
- Croscarmellose sodium,
- Magnesium stearate.

Tablet coating:

- Pulmoris 5 mg contains Opadry II 85G540060 Pink (PI No. 110165).
- Pulmoris 10 mg contains Opadry II 85G540061 Pink (PI No. 110163).

Manufacturer/Supplier

Pulmoris is supplied in Australia by:

Cipla Australia Pty Ltd., Level 1 / 132-136 Albert Road,
SOUTH MELBOURNE VIC 3205.

Pulmoris:

5 mg - AUST R 282338

10 mg - AUST R 282337

Date of preparation

This leaflet was last revised on

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