

# Chemists' Own Clozole Vaginal Cream

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about *Chemists' Own Clozole Vaginal Cream*. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

**Keep this leaflet with the medicine.**

You may need to read it again later.

### Product description

#### *What it looks like*

CHEMISTS' OWN Clozole Vaginal Cream contains a white opaque cream in a tube with three single use disposable applicators.

#### **Active Ingredients**

- Clotrimazole 20mg/g

#### **Inactive Ingredients**

- Propylene glycol
- Cetomacrogol 1000
- Cetostearyl alcohol
- Paraffin – liquid and soft white
- Dimethicone 100
- Glyceryl monostearate
- Benzyl alcohol
- Disodium edetate
- Purified water

### What is Chemists' Own Clozole Vaginal Cream

Chemists' Own Clozole Vaginal cream belongs to a class of drugs called antifungals and is used to treat the vaginal yeast infections known as Candida. Candida infections result from an overgrowth of yeast fungus and cause an imbalance of the natural microorganisms that are present in the vagina. Certain illnesses such as diabetes, obesity, and fatigue can increase the likelihood of infection.

Additionally, hormonal changes during pregnancy, during certain times of the menstrual cycle, or due to the oral contraceptive pill, may increase the chances of infection. Certain medications such as antibiotics and steroids may cause overgrowth of Candida.

### What CHEMISTS' OWN CLOZOLE Vaginal Cream is used for

CHEMISTS' OWN CLOZOLE Vaginal Cream is for the treatment of vaginal candidiasis (commonly referred to thrush) and for the relief of the associated symptoms of itching, burning and vaginal discharge.

**Your doctor or pharmacist may recommend this medication for another use. If you want more information, ask your doctor or Pharmacist.**

### Before you use CHEMISTS' OWN CLOZOLE Vaginal Cream

#### *When you must not to use it*

Do not use CHEMISTS' OWN CLOZOLE Vaginal cream if you have had an allergic reaction to clotrimazole, other antifungals or any of the excipients listed under 'Product description'.

#### *Before you start to use it*

Tell your doctor before using this medicine if you are pregnant or suffer from diabetes.

Seek medical advice before the first course of treatment.

CHEMISTS' OWN CLOZOLE Vaginal cream is available from your pharmacist. You may consult with your pharmacist for further information before starting treatment.

### How to use CHEMISTS' OWN Clozole Vaginal Cream

- Your treatment pack contains a tube of cream containing 20g clotrimazole and three single use applicators. 5 grams of the cream should be inserted in the vagina daily for three consecutive days.

- This medicine is best used at bedtime unless your doctor tells you otherwise.
- Wash your hands before and after using this medicine.
- Wear only clean cotton underwear.
- Continue using this medicine even if your symptoms disappear. It is important that the entire course is completed as advised for the treatment to be effective.
- Remove cap from the tube of cream. Screw the open end of the applicator to the tube. Pull the applicator plunger out all the way until it stops. Squeeze the tube of cream until the applicator is full. The applicator will then hold approximately 5 grams of cream. Unscrew the applicator from the tube and replace the cap on the tube.
- Gently insert the applicator (open end first) high into the vagina and push the plunger all the way in. This is best done by lying on the back with the Knees bent.
- Discard the used applicator.
- Treatment should be avoided during menstruation. However, if menstruation occurs during the treatment the course should be completed.
- Applicators are for single use only and should be discarded after use.
- If you are sexually active your partner may also require treatment. Seek the advice of your doctor or Pharmacist.
- It is important to continue treatment and complete the course even if you feel better.

### *If you miss a dose*

Use your medicine as soon as you remember that you have missed your dose. If it is nearly time for your next dose, wait until then to use the medicine and skip the missed dose. Do not double up on

doses at any time to make up for missed doses. It is important to complete the course of treatment as incomplete courses may result in your symptoms returning.

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## While you are using CHEMISTS' OWN Clozole Vaginal Cream

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### *Precautions while using this medicine.*

Avoid using tampons while using clotrimazole.

Avoid using douches or other Vaginal products unless your doctor advises you to do so.

Wear freshly washed cotton underpants while using the medicine. Do not stop using clotrimazole unless your doctor or Pharmacist tells you to do so. If you stop using this medicine too soon, your infection may return.

***If you are pregnant, talk to your doctor before using this medicine. See your doctor if no improvement occurs after 4 days or if problem returns.***

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## Side effects

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All medicine can have side effects. Sometimes they are serious, most of the time they are minor and temporary. Talk to your doctor if you have problems with Vaginal itching or burning or increased vaginal discharge. Tell your doctor if your symptoms do not disappear after using this medicine for the full time as advised by your doctor or pharmacist.

**Tell your doctor or pharmacist as soon as possible if you notice any of the common side effects or if you do not feel well while taking CHEMISTS' OWN CLOZOLE Vaginal Cream.**

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## Storage

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**Keep it in a cool dry place where the temperature stays below 25°C. Do not store any medicines in the bathroom or in moist areas, or do not leave them in the car on hot days.**

**Keep it where children cannot reach it.**

A locked cupboard or at least one and half metres above the ground is a good place to store medicines.

Check the expiry date marked on the end panel of the carton and on the crimp at the end of the tube, which refers to the month and year of the expiration. E.g. 11 96 refers to the eleventh months of 1996.

Do not use after the expiry date.

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## Sponsor

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