

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Tranylmed?

Tranylmed tablets contains the active ingredient tranylcypromine. Tranylcypromine is used to treat symptoms of depression, especially if treatment with other types of antidepressants has failed.

For more information, see Section [1. Why am I using Tranylcypromine?](#) in the full CMI.

2. What should I know before I use Tranylmed?

Do not use if you have ever had an allergic reaction to tranylcypromine or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Tranylmed?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with tranylcypromine and affect how it works.

A list of these medicines is in section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Tranylmed?

Swallow Tranylmed tablets whole with a full glass of water or another liquid. Do not chew the tablets.

More instructions can be found in Section [4. How do I use Tranylmed?](#) in the full CMI.

5. What should I know while using Tranylmed?

Things you should do	<ul style="list-style-type: none">• Remind any doctor or pharmacist you visit that you are using Tranylmed.• Tell your doctor if you are pregnant or plan to become pregnant.• Tell your doctor if you are breastfeeding or planning to breastfeed.
Things you should not do	<ul style="list-style-type: none">• Do not take Tranylmed to treat any other complaints unless your doctor tells you to.• Do not give your medicine to anyone else, even if they have the same condition as you.• Do not stop taking your medicine or change the dose without checking with your doctor.
Driving or using machines	<ul style="list-style-type: none">• Tranylcypromine may cause drowsiness, dizziness or light-headedness in some people.
Drinking alcohol	<ul style="list-style-type: none">• Tell your doctor if you drink alcohol as drowsiness, dizziness or light-headedness may be worse.
Looking after your medicine	<ul style="list-style-type: none">• Keep the pack in a cool dry place where the temperature stays at or below 25°C.• Keep your tablets in the blister pack until it is time to take them.

For more information, see Section [5. What should I know while using Tranylmed?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

TRANYLMEDE

Active ingredient(s): Tranylcypromine sulfate

Consumer Medicine Information (CMI)

This leaflet provides important information about using Tranylmed. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Tranylmed.**

Where to find information in this leaflet:

- [1. Why am I using Tranylmed?](#)
- [2. What should I know before I use Tranylmed?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Tranylmed?](#)
- [5. What should I know while using Tranylmed?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Tranylmed?

Tranylmed contains the active ingredient tranylcypromine. Tranylcypromine is used to treat symptoms of depression, especially if treatment with other types of antidepressants has failed. There are many different types of medicines used to treat depression. Tranylcypromine belongs to a group of medicines called monoamine oxidase inhibitor (MAOI) antidepressants.

Depression is longer lasting or more severe than the 'low moods' that everyone has from time to time. It is thought to be caused by a chemical imbalance in parts of the brain. The imbalance affects your whole body and can cause emotional and physical symptoms. You may feel low in spirit, lose interest in usual activities, be unable to enjoy life, have poor appetite or overeat, have disturbed sleep, often waking up early, low energy and feel guilty over nothing.

Tranylcypromine corrects the chemical imbalance and helps relieve the symptoms of depression. It is not recommended for the 'low moods' that everyone has from time to time due to the stress or sadness of everyday life.

Your doctor may have prescribed Tranylmed for another use.

Ask your doctor if you have questions about why Tranylmed has been prescribed for you.

Tranylmed is available only with a doctor's prescription.

2. What should I know before I use Tranylmed?

Warnings

Do not use Tranylmed if:

- you are allergic to tranylcypromine, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

Do not take Tranylmed if you have taken it or any other MAOI medication (e.g. phenelzine, moclobemide, furazolidone, iproniazid, isocarboxazid, nialamide, pargyline, procarbazine hydrochloride) before and became unwell. Tell your doctor or pharmacist before taking the first dose.

Do not take tranylcypromine and talk to your doctor if you have taken any other medicines for the treatment of depression or anxiety within the last 5 weeks and have not discussed this with your doctor. This includes:

- Selective Serotonin Reuptake Inhibitors (SSRIs), e.g. fluoxetine, paroxetine, sertraline
- Serotonin-Norepinephrine Reuptake Inhibitors (SNRIs), e.g. venlafaxine
- tricyclic antidepressants, e.g. clomipramine, imipramine, amitriptyline, desipramine, dosulepin (dothiepin), nortriptyline, trimipramine or doxepin
- buspirone hydrochloride

Do not take tranylcypromine and talk to your doctor if:

- you are taking, or being treated with, any of the following:
 - appetite suppressants such as fenfluramine, dexfenfluramine, phentermine (e.g. Duromine), mazindol or diethylpropion for weight loss
 - amphetamines, phenylpropanolamine or other central nervous system stimulants
 - cold or hayfever medicines, including nose drops or sprays
 - dextromethorphan, contained in many cough and cold medicines you can buy without a prescription
 - methyl dopa, dopamine, ephedrine or any other medicine that affects blood pressure
 - strong pain killers, e.g. opioid analgesics, codeine, nefopam
 - levodopa (e.g. Madopar or Sinemet) for Parkinson's disease
 - carbamazepine, used to treat epilepsy, nerve pain, mania or bipolar disease
 - bupropion, used to help stop smoking
 - tryptophan, a dietary supplement to treat depression or anxiety or help you sleep
- you have or have had any of these medical conditions:
 - a stroke, poor blood flow to the brain, or frequent headaches
 - heart disease or high blood pressure
 - liver disease
 - hyperthyroidism (overactive thyroid gland)
 - blood or bone marrow disorder
 - porphyria, a rare blood pigment disorder

- pheochromocytoma, an adrenaline (epinephrine) producing tumour of the adrenal gland

- you are over 60 years of age.

Tranlycypromine is not to be used by patients under 18 years of age.

If you are not sure whether you should be given Tranlymed, talk to your doctor or pharmacist.

Before you are given it

Tell your doctor or pharmacist if you have allergies to:

- any other medicines
- any other substances, such as foods, preservatives or dyes.

Tell your doctor or pharmacist if you have or have had any medical conditions, especially the following:

- diabetes
- epilepsy (condition where you have repeated fits or convulsions)
- angina (chest pain)
- kidney problems
- addiction to drugs or alcohol
- angle-closure glaucoma (sudden rise in intra-ocular pressure)

Check with your doctor if you:

- have any other medical conditions
- are planning to have any type of surgery
- are pregnant or plan to become pregnant
- are breastfeeding or planning to breastfeed

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Tranlycypromine should not be used in pregnancy unless considered essential by doctor.

Your doctor will discuss the risks and benefits of using tranlycypromine if you are pregnant. If you take this medicine during the last three months of your pregnancy, the general condition of your newborn baby might be affected.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Your doctor will discuss the risks and benefits involved. It is not recommended that you breastfeed while taking Tranlycypromine sulfate as it passes into breast milk.

If you have not told your doctor or pharmacist about any of the above, tell them before you are given Tranlymed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and tranlycypromine tablets may interfere with each other. These include:

- any medicine listed under '2. What should I know before I use Tranlymed?'
- guanethidine, reserpine or any other medicine that affects blood pressure
- sedatives, medicines to help you sleep, reduce anxiety or induce anaesthesia
- anticholinergic medicines, e.g. atropine, which are used to treat a range of medical conditions
- medicines used to treat Parkinson's Disease
- medicines used to treat diabetes
- medicines used to treat epilepsy
- anticoagulants, used to treat blood clotting disorders
- antihistamines, used to treat allergies
- metrizamide, a contrast medium used in medical imaging.

These medicines may be affected by tranlycypromine or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines. Your doctor will advise you.

4. How do I use Tranlymed?

How much to take

The usual dose of Tranlymed is one 10 mg tablet taken twice a day.

When to take Tranlymed

Tranlymed tablets are usually taken in the morning and in the afternoon. Take the last dose of the day not later than 3 pm. This will help avoid sleep disturbances.

How to take it

Swallow Tranlymed tablets whole with a full glass of water or another liquid. Do not chew the tablets.

How long to take it

For depression, the length of treatment will depend on how quickly your symptoms improve. Most antidepressants take time to work, so do not be discouraged if you do not feel better right away. Some of your symptoms may improve in 1 or 2 weeks, but it can take up to 4 or 6 weeks to feel any real improvement. Even when you feel well, you will usually have to take Tranlymed for several months or longer. Continue taking Tranlymed until the doctor tells you to stop.

If you forget to use Tranylmed

Tranylmed should be used regularly at the same time each day. **Do not take a double dose to make up for the dose that you missed. Wait until the next dose and take your normal dose then.**

Do not try to make up for the dose that you missed by taking more than one dose at a time. This may increase the chance of you getting an unwanted side effect.

If you use too much Tranylmed

If you think that you have used too much Tranylmed, you may need urgent medical attention.

You should immediately:

Phone the Poisons Information Centre (**by calling 13 11 26**), or contact your doctor or go to the Emergency Department at your nearest hospital. You should do this even if there are no signs of discomfort or poisoning.

Symptoms of an overdose commonly include fast heartbeat, sweating, fever, restlessness and excitement. Tremors, depression, stupor or coma may also be present or develop. Blood pressure may increase but it also could drop lower than normal.

5. What should I know while using Tranylmed?

Things you should do

Remind any doctor, dentist or pharmacist you visit that you are using Tranylmed.

If you are about to be started on any new medicine, remind your doctor, pharmacist or dentist that you are taking Tranylmed or if you were taking it and stopped less than two weeks ago.

This applies to medicines that you buy without a prescription as well as prescription medicines.

If you are going to have surgery or emergency treatment, tell your doctor or dentist that you are taking Tranylmed or have used it in the last two weeks. It may affect other medicines used during surgery.

Carry an alert card or wear an SOS bracelet, which tells the doctor, dentist or pharmacist you are taking tranylcypromine medication. These are helpful if you are in an accident and cannot talk.

You must avoid certain foods and drinks during treatment with Tranylmed and for at least a week after stopping therapy.

Avoid protein foods that have been aged or fermented to improve flavour. Also avoid any foods that have caused you unpleasant reactions previously.

While taking Tranylmed, you should avoid:

- matured cheese

- meat, fish, poultry, pate or yoghurt that is stale or smells "off"
- protein extracts such as Marmite, Vegemite, Bonox, Bovril, Promite
- pods of broad beans, sauerkraut
- smoked or pickled fish
- sour cream
- soybean products, e.g. soy sauce, miso, tofu
- avocados
- yeast extracts
- banana skins
- red wines such as Chianti
- home brewed beers or liqueurs

Tranylcypromine reacts with a chemical found in these foods. This reaction may cause sudden high blood pressure which may be experienced as severe headache, stiff or sore neck, nausea, vomiting, fast or slow heartbeat, changes in vision, or sweating with initial paleness then sometimes followed by flushing of the skin.

Avoid large amounts of caffeine-containing foods or drinks such as chocolate, coffee, tea or cola during treatment with Tranylmed and for at least a week after ceasing therapy. These may trigger off a migraine-like headache in some people taking Tranylmed.

Things you should not do

Do not take Tranylmed to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not stop taking your medicine or change the dose without checking with your doctor.

Some people may suffer symptoms such as dizziness or anxiety if Tranylmed is stopped suddenly. If possible, your doctor will gradually reduce the amount you take each day before stopping the medicine completely.

Things to be careful of

Watch carefully for signs that your depression or anxiety is getting worse, especially in the first few weeks of treatment.

Tell your doctor immediately if you experience any of the following symptoms, especially if they are severe, you have not had these symptoms before or they happen very suddenly:

- anxiety or agitation
- panic attacks
- difficulty sleeping
- hostility or impulsiveness
- restlessness
- overactive or uninhibited behaviour
- thoughts of suicide

Tell your doctor immediately if you have any thoughts about suicide or doing harm to yourself.

All thoughts or talk about suicide or violence are serious. The risk is increased in young adults aged 18 - 24 years. Improvement may not occur during the initial treatment period (usually one to two months).

If you or someone you know is showing the following warning signs, either contact your doctor or a mental health advisor right away or go to the nearest hospital for treatment:

- thoughts or talk about death or suicide
- thoughts or talk about self-harm or doing harm to others
- any recent attempts of self-harm, increase in aggressive behaviour, irritability or agitation

Driving or using machines

Be careful driving or operating machinery until you know how Tranylmed affects you.

Tranylmed may cause drowsiness, dizziness or light-headedness in some people. Make sure you know how you react to Tranylmed before you drive a car or operate machinery.

Drinking alcohol

Tell your doctor if you drink alcohol.

Alcohol may cause drowsiness, dizziness or light-headedness may be worse.

Looking after your medicine

Follow the instructions in the carton on how to take care of your medicine properly.

Keep your tablets in the blister pack until it is time to take them.

Keep the pack in a cool dry place where the temperature stays at or below 25°C.

Do not store Tranylmed in the bathroom or near a sink. Do not leave it on a windowsill or in the car.

Keep Tranylmed where children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> • rash • dizziness or blurred vision • drowsiness, weakness or fatigue • feeling numbness or pins and needles • difficulty sleeping • chills, tremors • nervousness • dry mouth • nausea, vomiting • constipation, diarrhoea • stomach pain, loss of appetite • ringing in the ears • swelling in ankles or limbs • excess sweating • sexual problems 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> • thoughts of suicide • severe dizziness or fainting on standing • fever • unusual bleeding or bruising • yellowing of the skin and eyes (jaundice) • agitation, confusion or nervousness • muscle spasms or twitches • difficulty passing urine 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>
<ul style="list-style-type: none"> • serious allergic reaction (swelling of the face, lips, mouth or throat which may cause difficulty swallowing or breathing) • chest palpitations, fast heartbeat or frequent headaches • headache which may start at the back of the head and radiate forward, accompanied by chest pain, palpitations, neck stiffness or soreness, nausea, vomiting, either fast or slow heartbeat, sweating, with initial paleness sometimes followed by flushing of the skin, enlarged pupils and light sensitivity. 	<p>Stop taking Tranylmed and contact your doctor or go to the Emergency Department of your nearest hospital if any of the following happens:</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Tranylmed contains

Active ingredient (main ingredient)	Tranilcypramine sulfate
Other ingredients	• Microcrystalline cellulose

(inactive ingredients)	<ul style="list-style-type: none"> • Pregelatinised maize starch • Colloidal anhydrous silica • magnesium stearate • Opadry II complete film coating system 85F250100 Red PI (106298)
Potential allergens	NA

Do not take this medicine if you are allergic to any of these ingredients.

What Tranylmed looks like

Tranylmed tablets are red, round, biconvex film coated tablets. Each Tranylmed tablet contains 10 mg of tranilcypramine (as sulfate). Tranylmed tablets come in packs of 50 tablets.

Tranylmed AUST R 429138.

Who distributes Tranylmed

Medsurge Healthcare Pty Ltd

Unit 1&2, 6-7 Gilda Court

Mulgrave, Victoria 3170

Telephone: 1300 788 261

Website: www.medsurgehc.com

This leaflet was prepared in July 2025.