

Aeris Medical Medical E.P. Grade Compressed Oxygen

Consumer Medicine Information (CMI) summary

WARNING: Oxygen strongly supports combustion (including some materials which do not normally burn in air). Do not smoke, avoid open flames and contact with oils, greases and tarry substances.

The [full CMI](#) on the next page has more details. If you are worried about using Medical Oxygen, speak to your doctor, nurse or pharmacist.

1. Why am I using Aeris Medical Medical Oxygen?

Aeris Medical Medical Oxygen contains the active ingredient Oxygen. Medical Oxygen is used to supply oxygen to the lungs and to help breathing when not enough oxygen is getting to the lungs.

For more information, see Section [1.](#) in the full CMI.

2. What should I know before I use Aeris Medical Medical Oxygen?

If you are planning to use Medical Oxygen at home:

- Do not use if you smoke and intend to continue smoking
- Do not use if you have trouble breathing but it is not due to a lack of oxygen in the lungs
- Only use if your doctor has said it is OK for you to use

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2.](#) in the full CMI.

3. What if I am taking other medicines?

When some medicines are taken when oxygen is used there may be serious side effects.

A list of these medicines is in Section [3.](#) in the full CMI.

4. How do I use Aeris Medical Medical Oxygen?

- You will receive Medical Oxygen via a mask or nasal prongs (tubes). Your doctor will decide how much you can have
- You can use nasal sprays containing saline, or a water-based lubricant to help prevent getting a stuffy, bleeding or dry nose

More instructions can be found in Section [4.](#) in the full CMI.

5. What should I know while using Aeris Medical Medical Oxygen?

| | |
|------------------------------------|--|
| Things you should do | <ul style="list-style-type: none">• Remind any doctor or pharmacist you visit that you are using this.• Make sure the cylinder is secured so that it does not fall over. |
| Things you must not do | <ul style="list-style-type: none">• Do not smoke• Do not use any oil-based products on the connections or mask.• Do not use near open flames, sparks or strong heat. |
| Looking after your medicine | <ul style="list-style-type: none">• Store below 30 degrees C.• Take care when handling the cylinder and attachments. |

For more information, see Section [5.](#) in the full CMI.

6. Are there any side effects?

People may get a dry mouth, throat or nose, bleeding nose, dry cough, tight chest, runny nose or watery eyes. For a list of more serious side effects, and for information about what to do if you get them, see Section [6.](#)

Aeris Medical Medical E.P. Grade Compressed Oxygen

Active ingredient: *Oxygen*

Consumer Medicine Information (CMI)

WARNING: OXYGEN AIDS AND INCREASES COMBUSTION (including some materials which do not normally burn in air). Do not smoke when using Medical Oxygen and avoid open flames.

Oxygen can also catch fire if it comes into contact with oils, greases and tarry substances.

This leaflet provides important information about using Aeris Medical Medical Oxygen.

Speak to your doctor, nurse or pharmacist if you want more information, if you are worried or have questions about using Medical Oxygen.

Where to find information in this leaflet:

- [1. Why am I using Aeris Medical Medical Oxygen?](#)
- [2. What should I know before I use Aeris Medical Medical Oxygen?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Aeris Medical Medical Oxygen?](#)
- [5. What should I know while using Aeris Medical Medical Oxygen?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Aeris Medical Medical Oxygen?

Aeris Medical Medical Oxygen contains the active ingredient oxygen. It is a medical gas.

Medical Oxygen is used to supply oxygen to the lungs and to help breathing where not enough oxygen is getting to the lungs.

2. What should I know before I use Aeris Medical Medical Oxygen?

Warnings

Do not use Medical Oxygen if:

- You smoke and intend to keep smoking.
- You have trouble breathing but it is not due to a lack of oxygen in the lungs

Check with your doctor if you:

- Have any other medical conditions
- Take any medicines for any other condition

Only use it if your doctor has said it is OK.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to watch for them. See extra information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Tell your doctor if you are pregnant or plan to become pregnant.

Tell your doctor if you are breastfeeding or plan to breastfeed.

You will be given the lowest amount of Medical Oxygen for the shortest time.

Elderly people

- Older people may need less oxygen

Babies

- Newborns, especially premature babies, will be closely monitored by medical staff

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines.

Some medicines may interfere with Medical Oxygen and affect how it works.

If you are taking bleomycin (for cancer)

- You may need less oxygen and your fluid levels will be closely monitored, especially if you are having an operation

If you are taking amiodarone (for heart problems)

- You will be closely monitored, especially if you are having an operation

Check with your doctor or pharmacist if you are not sure about whether any medicines, vitamins or supplements you are taking may affect you when you are using Medical Oxygen.

4. How do I use Aeris Medical Medical Oxygen?

How much to use

- Your doctor will decide how much you can have. The concentration of Oxygen is normally between 21% and 100%.
- Follow the instructions provided and use Medical Oxygen until your doctor tells you to stop.

How to use Aeris Medical Medical Oxygen

- You will have help in setting up the gas cylinder for use- follow carefully the instructions you are given
- The cylinder must be handled carefully with suitable equipment and should not be knocked or allowed to fall
- People nearby must not smoke when it is being used
- Do not touch any part of the cylinder or equipment with oils or grease, and make sure your hands are clean and free from oils and grease
- Avoid using oil based moisturisers or creams on your face or nose when using Medical Oxygen
- If you are using Medical Oxygen for longer than an hour, use a water based lubricant or saline nasal spray to prevent getting a dry, stuffy or bleeding nose.

If you have had too much Medical Oxygen

If you think that you have used too much Medical Oxygen, you may need urgent medical attention. This would be the case if you suddenly get a dry cough, pain when breathing, and/or a tight chest, or if you feel dizzy, have fits or pass out.

You must immediately:

- Contact your doctor or nurse or pharmacist, or
- Go to the Emergency Department at your nearest hospital, or
- Phone the Poisons Information Centre (by calling 13 11 26)

5. What should I know while using Aeris Medical Medical Oxygen?

Things you should do

Call your doctor straight away if you:

- Feel that you are not receiving enough oxygen

Remind any doctor, dentist nurse or pharmacist you visit that you are using Medical Oxygen.

Things you must not do

- Never smoke or stand near open flames while using medical oxygen
- Do not use this product if the cylinder is damaged or the tamper evident seal has been removed

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Medical Oxygen affects you.

Medical Oxygen may cause affect alertness in some people.

Your doctor will assess you and decide whether you can drive or operate machines while using Medical Oxygen.

Looking after your medicine

- Store below 30 degrees Celsius (in a cool, dry place)
- Make sure that nearby there are no open flames or open lights, no strong heat or nothing that generates sparks
- Make sure the cylinder is secured upright so that it won't fall over

Follow the instructions carefully.

Keep it where young children cannot reach it.

Getting rid of any unwanted medical oxygen

If you no longer need to use this, the cylinder is empty or it is out of date, first close the cylinder valve (using moderate force only), release the pressure and put on the valve regulator cap (if there is one fitted).

Ask your supplier (hospital or pharmacy) to collect it from you.

Do not keep the cylinder after its expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

Read the following information and, if you need to, ask your doctor or pharmacist if you have any questions about side effects.

Less serious side effects

| Less serious side effects | What to do |
|---|---|
| <ul style="list-style-type: none">• Runny nose or watery eyes• Dry mouth, throat or nose• Bleeding nose• Dry cough• Tight chest | Speak to your doctor if you have any of these side effects and they worry you. |

Serious side effects

| Serious side effects | What to do |
|---|---|
| <ul style="list-style-type: none">• Feeling very dizzy or sick• Pain or problems when breathing, collapsed lung• Pain, burning or tightness in the chest or throat• Racing or irregular heartbeat, cold sweats, turning blue, feeling weak or faint• Problems seeing, pain in the ears or problems hearing• Trouble thinking clearly, sudden headache, change in mood, twitching, uncontrolled shaking (fits) or loss of consciousness | Call the doctor or nurse straight away if you are already in hospital, otherwise go straight to the Emergency Department at your nearest hospital. |

Tell your doctor, nurse or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects that you have had, you can report these side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor, nurse or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is normally supplied for use in hospitals or delivered to your home for use there.

What Aeris Medical Medical Oxygen contains

| Active ingredient | Oxygen gas |
|-------------------|------------|
|-------------------|------------|

What Aeris Medical Medical Oxygen looks like

Aeris Medical Medical Oxygen has no smell and it is colourless.

The cylinders have a white body, white shoulders and white dome. They are sealed with a Pin Index valve outlet.

They may be available in the following pack sizes:

| Container Size | Water capacity (L) | Pressure Barg at 15° | Content m ³ |
|----------------|--------------------|----------------------|------------------------|
| B | 1.7 Litres | 155 | 0.275m ³ |
| BR | 1.7 Litres | 155 | 0.275m ³ |
| C | 2.8 Litres | 155 | 0.470m ³ |
| CR | 2.0 Litres | 200 | 0.410m ³ |
| CXR | 3.0 Litres | 200 | 0.620m ³ |
| CL | 4.6 Litres | 155 | 0.760m ³ |
| D | 10 Litres | 166 | 1.700m ³ |
| DR | 10 Litres | 166 | 1.700m ³ |
| DF | 8.5 Litres | 200 | 1.800m ³ |
| E | 23 Litres | 166 | 4.00m ³ |
| ER | 23 Litres | 166 | 4.00m ³ |
| G | 50 Litres | 200 | 10.3m ³ |
| 6 pk | 300 Litres | 200 | 61.8m ³ |
| 12 pk | 600 Litres | 200 | 123.6m ³ |

Note: 1 Barg = 0.1 Megapascal (MPa); 1 m = 1000 litres (L)

(Not all pack sizes may be available)

Aust R 135847.

Who distributes Aeris Medical Medical Oxygen

Supagas Pty Ltd
23 Commercial Drive
Dandenong South
VIC 3175
www.supagas.com.au

This leaflet was prepared in October 2020.

© 2020 Supagas Pty Ltd