

## ALENDRONATE-WGR

*alendronate sodium trihydrate*

---

### Consumer Medicine Information

This leaflet provides important information about taking ALENDRONATE-WGR. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking ALENDRONATE-WGR.**

*Where to find information in this leaflet:*

1. Why am I taking ALENDRONATE-WGR?
2. What should I know before I take ALENDRONATE-WGR?
3. What if I am taking other medicines?
4. How do I take ALENDRONATE-WGR?
5. What should I know while taking ALENDRONATE-WGR?
6. Are there any side effects?
7. Product details

---

#### 1. Why am I taking ALENDRONATE-WGR?

---

**ALENDRONATE-WGR contains the active ingredient alendronate sodium trihydrate.** Alendronate sodium trihydrate belongs to a group of medicines called bisphosphonates.

ALENDRONATE-WGR is used to treat osteoporosis.

Osteoporosis is a disease which causes bones to become more porous, gradually making them weaker, more brittle and likely to break.

#### *Understanding Bone*

Bone is living, growing tissue. Throughout life, our bodies are breaking down old bone and rebuilding new bone in a continuous cycle.

#### *How it Works*

Alendronate sodium trihydrate works by slowing down the process of old bone being removed, which allows the bone-forming cells time to rebuild normal bone. Alendronate sodium trihydrate helps prevent the loss of bone and helps to rebuild bone, making bone less likely to break. This helps to prevent or reverse the progression of osteoporosis.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

Your doctor may have prescribed ALENDRONATE-WGR for another reason.

This medicine is available only with a doctor's prescription.

This medicine is not addictive. There is not enough information to recommend the use of ALENDRONATE-WGR in children.