

Latanoprost Sandoz[®]

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Latanoprost Sandoz?

Latanoprost Sandoz contains the active ingredient latanoprost. Latanoprost Sandoz is used to lower raised pressure in the eye in patients with open-angle glaucoma or ocular hypertension.

For more information, see Section [1. Why am I using Latanoprost Sandoz?](#) in the full CMI.

2. What should I know before I use Latanoprost Sandoz?

Do not use if you have ever had an allergic reaction to latanoprost or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Latanoprost Sandoz?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Latanoprost Sandoz and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Latanoprost Sandoz?

- The usual dose of Latanoprost Sandoz is one drop into the affected eye, or eyes, once daily. Use it until your doctor tells you to stop.
- If you are wearing soft contact lenses, remove them before putting the drops in your eye.
- Follow all directions given to you by your doctor or pharmacist carefully.

More instructions can be found in Section [4. How do I use Latanoprost Sandoz?](#) in the full CMI.

5. What should I know while using Latanoprost Sandoz?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using Latanoprost Sandoz.• Get your eyes checked regularly, for monitoring of eye pressure and other changes.• Tell your doctor if you develop an eye infection, receive an injury, or have eye surgery.
Things you should not do	<ul style="list-style-type: none">• Do not stop using this medicine without first talking to your doctor.• Do not use this medicine to treat any other complaints unless your doctor tells you to.• Do not give Latanoprost Sandoz to anyone else even if they have the same condition as you.
Driving or using machines	<ul style="list-style-type: none">• Be careful driving or operating machinery until you know how Latanoprost Sandoz affects you. Latanoprost Sandoz generally does not cause any problems, but it may cause blurred vision in some people.
Looking after your medicine	<ul style="list-style-type: none">• Before opening: keep the bottle in its box and refrigerate (2° – 8 °C) protected from light.• After opening: keep the bottle in its box and store in a cool, dry place protected from light, where the temperature stays below 25°C. You do not need to keep it refrigerated. Discard four weeks after opening.

For more information, see Section [5. What should I know while using Latanoprost Sandoz?](#) in the full CMI.

6. Are there any side effects?

Common side effects of Latanoprost Sandoz include changes to the eye and the surrounding area. These complaints mainly relate to irritation of the eye and eyelid, but other common side effects include headache, muscle/joint pain, and painful/urgent or frequent urination. In addition to this, serious side effects may occur. These serious side effects include breathing difficulties, chest pain, strong/rapid/irregular heartbeats, dizziness, nausea/vomiting, swelling of the face/lips/mouth/tongue/throat, or developing white/cloudy deposits in the front of your eye.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Latanoprost Sandoz®

Active ingredient(s): *latanoprost*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Latanoprost Sandoz. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Latanoprost Sandoz.**

Where to find information in this leaflet:

- [1. Why am I using Latanoprost Sandoz?](#)
- [2. What should I know before I use Latanoprost Sandoz?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Latanoprost Sandoz?](#)
- [5. What should I know while using Latanoprost Sandoz?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Latanoprost Sandoz?

Latanoprost Sandoz contains the active ingredient latanoprost. It belongs to a family of medicines called prostaglandin agonists.

Latanoprost Sandoz is used to lower raised pressure in the eye in patients with open-angle glaucoma or ocular hypertension.

Glaucoma is a condition in which the pressure of fluid in the eye may be high. However, some people with glaucoma may have normal eye pressure. Glaucoma is usually caused by a buildup of the fluid which flows through the eye. This build up occurs because the fluid drains out of your eye more slowly than it is being pumped in. Since new fluid continues to enter the eye, joining the fluid already there, the pressure continues to rise. This raised pressure may damage the back of the eye resulting in a gradual loss of sight. Damage can progress so slowly that the person is not aware of this gradual loss of sight. Sometimes even normal eye pressure is associated with damage to the back of the eye.

There are usually no symptoms of glaucoma. If glaucoma is not treated it can lead to serious problems, including total blindness.

Latanoprost Sandoz is used either alone or in combination with other eye medicines to lower raised pressure within your eye.

Although Latanoprost Sandoz helps control your glaucoma it does not cure it. So you must keep using it until your doctor tells you to stop.

Ask your doctor if you have any questions about why Latanoprost Sandoz has been prescribed for you.

Your doctor may have prescribed it for another reason.

2. What should I know before I use Latanoprost Sandoz?

Warnings

Do not use Latanoprost Sandoz if:

- you are allergic to latanoprost, or any of the ingredients listed at the end of this leaflet.
 - Some symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty in breathing; swelling of the face, lips, tongue or any other parts of the body; rash, itching or hives on the skin.
- the bottle or packaging shows signs of tampering
- the expiry date on the unopened bottle has passed
- more than four weeks has passed since opening the bottle.

Check with your doctor if you:

- have any other medical conditions, such as severe asthma, any other types of glaucoma or eye conditions such as macular oedema.
- take any medicines for any other condition
- have had any allergy to any other medicines or any other substances, such as food, preservatives, or dyes.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Your doctor will discuss the possible risks and benefits of using Latanoprost Sandoz during pregnancy.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Your doctor will discuss the possible risks and benefits of using Latanoprost Sandoz when breastfeeding.

Use in children

Xalatan is not recommended for use in children. The safety and effectiveness of Xalatan in children have not been established.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Latanoprost Sandoz may interfere with each other. These include:

- **eye drops which contain an ingredient called thiomersal.**
If using such eye drops as well as Latanoprost Sandoz, you should wait at least 5 minutes between using these eye drops and Latanoprost Sandoz.
- **other eye drops that contain a prostaglandin.**
The use of two or more prostaglandin eye drops at the same time is not recommended.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Latanoprost Sandoz.

4. How do I use Latanoprost Sandoz?

How much to take

- The usual dose of Latanoprost Sandoz is one drop into the affected eye or eyes, once daily.
- Follow the instructions provided and use Latanoprost Sandoz until your doctor tells you to stop.

When to take Latanoprost Sandoz

Latanoprost Sandoz should be used every day, at about the same time each day, preferably in the evening, unless your doctor tells you otherwise.

How to take Latanoprost Sandoz

If you are wearing soft contact lenses, remove them before putting the drops in your eye.

The preservative in Latanoprost Sandoz (benzalkonium chloride) may be deposited in soft contact lenses. You can put your soft contact lenses back into your eyes 15 minutes after you have used Latanoprost Sandoz.

If using other eye drops in addition to Latanoprost Sandoz, wait at least 5 minutes before putting any other drops in your eye(s).

Be careful not to touch the dropper tip against your eye, eyelid or anything else.

Touching the dropper tip against something may contaminate the eye drops and give you an eye infection.

You may find it easier to put drops in your eye while you are sitting or lying down.

Instructions:

The DROP-TAINER® bottle is designed to assure the delivery of a precise dose of medication. Before using your DROP-TAINER® bottle, read the complete instructions carefully.



1. If you use other topically applied ophthalmic medications, they should be administered at least 10 minutes before or after Latanoprost Sandoz.
2. Wash your hands well with soap and water.
3. Before using the medication for the first time. Be sure the safety Seal on the bottle is unbroken.
4. Tear off the Safety Seal to break the seal.
5. Before each use, shake once and remove the screw cap.
6. Invert the bottle and hold the bottle between your thumb and middle finger, with the tips of the fingers pointing towards you.





7. Tilt your head back and position the bottle above the affected eye.
8. With the opposite hand, place a finger under the eye. Gently pull down until a "V" pocket is made between your eye and lower lid. Do not touch the eye with the tip of the dropper.
9. With the hand holding the bottle, place your index finger on the bottom of the bottle. Push the bottom of the bottle to dispense one drop of medication. Do not squeeze the sides of the bottle. Keep your head tilted backward and close your eye to allow absorption of the medication into the eye.
10. Repeat steps 6 to 9 with other eye if instructed to do so.
11. Replace screw cap by turning until firmly touching the bottle.

You may feel a slight burning sensation in the eye shortly after using the eye drops.

If this persists, or is very uncomfortable, contact your doctor or pharmacist.

How long to take Latanoprost Sandoz

Continue using Latanoprost Sandoz every day for as long as your doctor prescribes.

Latanoprost Sandoz helps control your condition but does not cure it.

If you forget to use Latanoprost Sandoz

Latanoprost Sandoz should be used regularly at the same time each day, for as long as your doctor prescribes.

If you miss your dose, skip the dose you missed and use your next dose when you are meant to.

If you are not sure whether to skip the dose, talk to your doctor or pharmacist.

Do not take a double dose to make up for the dose you missed.

If you use too much Latanoprost Sandoz

If you accidentally put several drops in your eye, immediately rinse your eye with warm water.

If you think that you or anyone else may have swallowed Latanoprost Sandoz, you/they may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Latanoprost Sandoz?

Things you should do

To make sure Latanoprost Sandoz is working properly, have your eye pressure checked regularly.

Have your eyes checked regularly for any other changes, including a change in eye colour.

A slow change in eye colour, which may be permanent, has been reported to occur in some patients who use Latanoprost Sandoz. Your doctor will decide whether you should continue using Latanoprost Sandoz.

Tell your doctor if you develop an eye infection, receive an eye injury or have eye surgery.

Your doctor may tell you to use a new container of Latanoprost Sandoz because of possible contamination of the old one or may advise you to stop your treatment with Latanoprost Sandoz.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are using Latanoprost Sandoz.

Remind any doctor, dentist or pharmacist you visit that you are using Latanoprost Sandoz.

Things you should not do

- **Do not give Latanoprost Sandoz to anyone else, even if they have the same condition as you.**
- **Do not use this medicine to treat any other complaints unless your doctor tells you to.**
- **Do not stop using Latanoprost Sandoz without first talking to your doctor.**

If you stop using your eye drops, your eye pressure may rise again and damage to your eye may occur.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Latanoprost Sandoz affects you.

Latanoprost Sandoz eye drops, like other eye preparations, may cause transient blurred vision. Make sure you know how you react to Latanoprost Sandoz or that your vision is clear before driving a car or operating machinery.

Looking after your medicine

Store the unopened bottle in its original container in a refrigerator (2° to 8° C), protected from light. Do not freeze.

After opening, store the bottle in its box, protected from light and in a cool place where the temperature stays below 25°C. You do not need to keep it refrigerated.

For example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.
- In the pockets of your clothes.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

When to discard your medicine

Discard Latanoprost Sandoz four weeks after opening. Throw out any remaining solution after four weeks.

Eye drops contain a preservative which helps prevent germs growing in the solution for the first four weeks after opening the bottle. After this time there is a greater risk that the eye drops may become contaminated and cause an eye infection.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date (if unopened) or four weeks after opening.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> • a slow change in eye colour over a period of time. The iris may become browner in colour and appear darker. This change may be permanent and more noticeable if you are only being treated in one eye. • blurred vision, double vision or other visual problems • irritation or feeling of having something in the eye. This may 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

<p>be worse during the first two or three days of using Latanoprost Sandoz.</p> <ul style="list-style-type: none"> • eye pain • redness, burning or watering of the eye(s) • discharge, itching of the eye(s), crusty eyelashes • darkening, thickening, lengthening or an increase in the number of eye lashes and the fine hair on the eyelids • misdirected eyelashes sometimes causing eye irritation • darkening of the skin of the eyelids • crusting, redness, thickening, itching or burning of the eyelids • sensitivity to light • skin rash • headache • muscle/joint pain • painful, urgent or frequent urination. 	
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Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> • wheezing, difficulty in breathing (asthma or worsening of asthma) • shortness of breath • chest pain • you notice strong, rapid or irregular heartbeats • dizziness • nausea and vomiting • swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing • white deposits or plaque in the cornea causing the transparent front part of your eye to look white or cloudy. 	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Latanoprost Sandoz contains

Active ingredient (main ingredient)	Latanoprost: 50 microgram/mL Each drop contains about 1.5 micrograms of latanoprost.
Other ingredients (inactive ingredients)	<ul style="list-style-type: none">• sodium chloride• monobasic sodium phosphate monohydrate• dibasic sodium phosphate• water for injections• benzalkonium chloride (as a preservative).
Potential allergens	benzalkonium chloride (as a preservative).

Do not take this medicine if you are allergic to any of these ingredients.

What Latanoprost Sandoz looks like

Latanoprost Sandoz eye drops come in a plastic bottle with a dropper and screw cap inside a protective overcap. Remove the overcap before use.

When you first receive your Latanoprost Sandoz bottle, it will appear half full. This corresponds to 2.5mL of clear colourless eye drop solution, giving a minimum of 80 drops. This volume is enough to last 4 weeks if used in both eyes.

Australian Registration number: Aust R 290733.

Who distributes Latanoprost Sandoz

Sandoz Pty Ltd
100 Pacific Highway
North Sydney, NSW 2060
Australia
Tel 1800 726 369

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