

# LUMIGAN® EYE DROPS

(bimatoprost 0.3 mg per mL)

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about LUMIGAN® eye drops. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using LUMIGAN® eye drops against the benefits they expect it will have for you.

If you have any concerns about using this medicine, ask your doctor or pharmacist.

**Keep this leaflet with the medicine. You may need to read it again.**

### What LUMIGAN® eye drops are used for

LUMIGAN® eye drops are used to lower raised pressure in the eye and to treat glaucoma.

Glaucoma is a condition in which the pressure of fluid in the eye may be high. However, some people with glaucoma may have normal eye pressure. Glaucoma is usually caused by a build up of the fluid which flows through the eye. This build up occurs because the fluid drains out of your eye more slowly than it is being pumped in. Since new fluid continues to enter the eye, joining the fluid already there, the pressure continues to rise. This raised pressure may damage the back of the eye resulting in gradual loss of sight. Damage can progress so slowly that the person is not aware of this gradual loss of sight.

Sometimes even normal eye pressure is associated with damage to the back of the eye.

There are usually no symptoms of glaucoma. The only way of knowing that you have glaucoma is to have your eye pressure, optic nerve and visual field checked by an eye specialist or optometrist. If glaucoma is not treated it can lead to serious problems, including total blindness. In fact, untreated glaucoma is one of the most common causes of blindness.

LUMIGAN® eye drops lower the pressure in the eye by helping the flow of fluid out of the eye chamber.

LUMIGAN® eye drops can be used alone or together with other eyedrops/medicines to lower raised pressure within your eyes.

Although LUMIGAN® eye drops help control your condition, they will not cure it.

LUMIGAN® eye drops are only available with a doctor's prescription from pharmacies. Your doctor may have prescribed LUMIGAN® eye drops for another reason. Ask your doctor if you have any questions about why LUMIGAN® eye drops have been prescribed for you.

For more information about glaucoma, contact Glaucoma Australia Inc (telephone 1800 500 880 or Glaucoma New Zealand on 09 373 8779).

### Before you use LUMIGAN® eye drops

#### *When you must not use it*

Do not use LUMIGAN® eye drops if:

- you have an allergy to bimatoprost or any of the ingredients listed at the end of this leaflet
- the seal around the cap is broken
- the bottle/packaging shows signs of tampering
- the product does not look quite right
- the expiry date on the bottle has passed.

If you use this medicine after the expiry date has passed, it may not work effectively.

Do not put the eye drops into your eye(s) while you are wearing soft contact lenses. The preservative in LUMIGAN® eye drops (benzalkonium chloride) may be deposited in soft contact lenses. You can put your soft contact lenses back into your eyes 15 minutes after you have used LUMIGAN® eye drops.

It is not known if LUMIGAN® eye drops are safe and useful for children and adolescents under 18 years.

These drops are for topical use only.

#### *Before you start to use it*

Tell your doctor if:

1. you have had an allergy to any medicines or any other substances, such as foods, preservatives or dyes.
2. you have breathing problems.

3. you have liver or kidney problems.
4. you have low blood pressure or heart rate.
5. you have a disease causing swelling of the back of the eye.
6. you have an inflammatory eye condition.
7. you are pregnant or intend to become pregnant.  
Like most medicines, LUMIGAN® eye drops should not be used during pregnancy, unless clearly necessary.
8. you are breast-feeding or intend to breast-feed.

Before you start using LUMIGAN® eye drops your doctor should tell you that some changes to your eyes may occur which may be permanent.

During treatment, LUMIGAN® may cause a loss of fat around the eye, which may cause your eyelid crease to deepen, your eye to appear sunken, your upper eyelid to droop, the skin around your eye to tighten and the lower white part of your eye to become more visible. The changes are typically mild, but if pronounced, they can affect your field of vision. The changes may disappear if you stop taking LUMIGAN®.

Eyelashes may also grow longer and thicker, and eyelashes, the skin around the eye and the coloured part of the eye may become darker. If only one eye is being treated the cosmetic differences between the eyes may be noticeable. None of these changes affect vision. If you have any concerns, ask your doctor or pharmacist.

Hair may grow where LUMIGAN® contacts the skin. It is important to use as directed.

### *Taking other medicines*

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

It is not expected that LUMIGAN® will interact with other medicines, however you should always ask your optical practitioner, doctor or pharmacist if you have any concerns about using LUMIGAN® eye drops as well as other medications.

There is a potential for the eye pressure effect to be reduced if using other glaucoma eye drops of the same type as LUMIGAN®.

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## How to use LUMIGAN® eye drops

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### *How much to use*

Your doctor will tell you how many drops you need to use each day. Use LUMIGAN® eye drops only as prescribed by your doctor.

The usual dose of LUMIGAN® eye drops is one drop in the affected eye(s) once daily, given in the evening.

Follow all directions given to you by your doctor carefully. The directions may differ from the information contained in this leaflet.

Use LUMIGAN® eye drops every day, at about the same time each day, unless your doctor tells you otherwise. Using your eye drops at the same time each day will have the best effect on your eye pressure. It will also help you remember when to use the eye drops.

If you are using more than one eye drop product, wait 5 minutes before using the second product.

If you are being changed from one eye drop to another, follow your doctor's instructions carefully as to when to stop the old drops and when to start the new drops.

### *How to use it*

You may find it easier to put drops in your eye while you are sitting or lying down.

### **If you are wearing soft contact lenses, remove them before putting the drops in your eye.**

To open a new bottle of LUMIGAN® eye drops first tear off the protective seal from the bottle. The contents are sterile if the seal is intact.

The seal will break and you can pull it off and then throw it away.

1. Wash your hands well with soap and water.
2. Remove the lid/cap.
3. Hold the bottle upside down in one hand between your thumb and forefinger or index finger.
4. Using your other hand, gently pull down your lower eyelid to form a pouch or pocket.
5. Tilt your head back and look up.
6. Put the tip of the bottle close to your lower eyelid. Do not let it touch your eye.
7. Release one drop into the pouch or pocket formed between your eye and eyelid by gently squeezing the bottle.
8. Close your eye. Do not blink or rub your eye.
9. While your eye is closed, place your index finger against the inside corner of your eye and press against your nose for about two minutes. This will help to stop the medicine from draining through the tear duct to the nose and throat, from where it can be absorbed into other parts of your body. Ask your doctor for more specific instructions on this technique.
10. Replace the lid/cap, sealing it tightly.
11. Wash your hands again with soap and water to remove any residue.

Wait 15 minutes before replacing your contact lenses.

Be careful not to touch the dropper tip against your eye, eyelid or anything else to avoid contaminating the eye drops.

### *How long to use it*

LUMIGAN® eye drops help control your condition, but do not cure it. Therefore, LUMIGAN® eye drops must be used every day. Continue using LUMIGAN® eye drops for as long as your doctor prescribes.

### *If you forget to use it*

If it is almost time for your next dose, skip the dose you missed and use your next dose when you are meant to. Otherwise, use the drops as soon as you remember, and then go back to using them as you would normally.

If you are not sure whether to skip the dose, talk to your doctor or pharmacist.

Do not use double the amount to make up for the dose that you missed.

### *If you use too much (overdose)*

If you accidentally put several drops in your eye(s), immediately rinse your eye(s) with warm water.

If you think that you or anyone else may have swallowed any or all of the contents of a bottle of LUMIGAN® eye drops, immediately telephone your doctor or **Poisons Information Centre (Australia: telephone 13 11 26; New Zealand: telephone 0800 POISON or 0800 764 766)** for advice, or go to casualty at your nearest hospital. Do this even if there are no signs of discomfort or poisoning.

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## **While you are using LUMIGAN® eye drops**

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### *Things you must do*

Have your eye pressure checked when your eye specialist says, to make sure LUMIGAN® eye drops are working.

If you develop an eye infection, receive an eye injury, or have eye surgery tell your doctor.

Your doctor may tell you to use a new container of LUMIGAN® eye drops because of possible contamination of the old one.

If you become pregnant while using LUMIGAN® eye drops tell your doctor immediately.

If you wear soft contact lenses, remove them before using LUMIGAN® eye drops. Leave your lenses out for at least 15 minutes after putting in the eye drops.

Tell your doctor if your condition gets worse or does not get better while using LUMIGAN® eye drops.

If you are about to start any new medicine tell your doctor and pharmacist that you are using LUMIGAN® eye drops.

### *Things you must not do*

Do not give LUMIGAN® eye drops to anyone else, even if they have the same condition as you.

Do not stop using LUMIGAN® eye drops without first talking to your doctor. If you stop using your eye drops, your eye pressure may rise again and damage to your eye may occur.

### *Things to be careful of*

Your vision may blur for a short time after you put in your LUMIGAN® eye drops. If this happens you should wait until you can see well again before you drive or use machinery.

LUMIGAN® eye drops are not expected to cause any problems with your ability to drive a car or operate machinery. However, as a general precaution be careful driving or operating machinery until you know how LUMIGAN® eye drops affect you.

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## **Side effects**

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Tell your optical practitioner, doctor or pharmacist as soon as possible if you do not feel well while you are using LUMIGAN® eye drops.

Check with your doctor as soon as possible if you have any problems while taking LUMIGAN® eye drops, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Ask your optical practitioner, doctor or pharmacist any questions you may have.

Tell your doctor if you notice any of the following and they worry you:

- red, congested eyes
- growth of eyelashes
- itching or irritation of eye/s

More often the following effects have been seen:

- loss of fat in the eye region which can lead to deepening of your eyelid crease, sunken eye, drooping eyelid, tightening of the skin around your eye, and the lower white part of your eye to become more visible.

Less often the following effects have been seen:

- other eye-related effects such as discharge from the eye, eye discomfort, eye itchiness, redness in or around the eye, increased tears and inflamed areas around eye/s, small lesions or erosions on the eye surface, allergic effects on eye and surrounding eyelid, deepened eyelids, pain in the eye, feeling of something in the eye, burning of eye and nearby eyelid, dryness, irritation, sensitivity to light, an increase in colouring or pigment of area around eye, blurred vision, visual changes, eyelash darkening, darkening of the coloured part of the eye, swelling of the back of the eye.

Rarely:

Other eye related problems can

occur such as spasm of the eye where there is uncontrolled blinking and squeezing of eyelid, swelling of eyelid, inflammation of the coloured part of eye, bleeding in eye chamber,

There can also be effects on the body as a whole such as headache, weakness, and very rarely dizziness, hypersensitivity, depression, infection, nausea, high blood pressure, skin pigmentation, asthma, exacerbation of asthma, shortness of breath and abnormal hair growth.

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## After using LUMIGAN® eye drops

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### *Storage*

Keep your LUMIGAN® eye drops in a cool place where the temperature stays below 25°C.

Keep the bottle where children cannot reach it.

Do not leave the top/lid off the bottle for any length of time to avoid contaminating the eye drops.

### *Disposal*

Throw out any remaining solution after four weeks from the date of opening.

Eye drops contain a preservative which helps prevent germs growing in the solution for the first four weeks after opening the bottle.

After this time there is a greater risk that the drops may become contaminated and cause an eye infection. A new bottle should be opened.

If your doctor tells you to stop using the eye drops or they have passed their expiry date, ask your pharmacist what to do with any remaining solution.

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## Product description

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### *What LUMIGAN® eye drops look like:*

Clear, colourless, sterile solution.

### *Ingredients*

Active ingredient:

Bimatoprost 0.3mg/ml

Preservative:

Benzalkonium chloride

Inactive ingredients:

Dibasic sodium phosphate

heptahydrate

Sodium chloride

Citric acid monohydrate

Sodium hydroxide and/or

Hydrochloric acid may be added to adjust pH

Purified water

### *Manufacturer/Supplier*

AbbVie Pty Ltd

241 O'Riordan Street

Mascot NSW 2020

AUSTRALIA

Ph: 1800 043 460

AbbVie Limited

6th Floor, 156-158 Victoria St

Wellington, 6011

NEW ZEALAND

PH: 0800 900 030

LUMIGAN® eye drops can be identified by registration number: AUST R 80657

### *Date of preparation:*

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