#### **BTC Ezetimibe**

Active ingredient(s): ezetimibe

### **Consumer Medicine Information**

This leaflet provides important information about using BTC Ezetimibe. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using BTC Ezetimibe.

Where to find information in this leaflet:

- 1. Why am I using BTC Ezetimibe?
- 2. What should I know before I use BTC Ezetimibe?
- 3. What if I am taking other medicines?
- 4. How do I use BTC Ezetimibe?
- 5. What should I know while using BTC Ezetimibe?
- 6. Are there any side effects?
- 7. Product details

# 1. Why am I using BTC Ezetimibe?

BTC Ezetimibe contains the active ingredient ezetimibe.

BTC Ezetimibe helps to lower cholesterol levels.

It is used in people whose cholesterol levels are too high and when diet alone cannot lower these levels adequately.

BTC Ezetimibe may be taken alone or with other cholesterol-lowering medicines known as HMG-CoA reductase inhibitors (or statins), in addition to diet.

In people who have high levels of plant sterols in their blood (which doctors call sitosterolaemia), BTC Ezetimibe helps to lower these levels

### Cholesterol

Cholesterol is one of several fatty substances found in the bloodstream. Your total cholesterol is made up mainly of LDL and HDL cholesterol.

LDL cholesterol is often called 'bad' cholesterol because it can build up in the walls of your arteries forming plaque. Eventually this plaque build-up can lead to a narrowing of the arteries.

This narrowing can slow or block blood flow to vital organs such as the heart and brain. This blocking of blood flow can result in a heart attack or stroke.

HDL cholesterol is often called 'good' cholesterol because it helps keep the bad cholesterol from building up in the arteries and protects against heart disease.

## Triglycerides

Triglycerides are another form of fat in your blood that may increase your risk for heart disease.