# VOQUILY

### Active ingredient(s): melatonin

### **Consumer Medicine Information**

This leaflet provides important information about using VOQUILY. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using VOQUILY.

Where to find information in this leaflet:

1. Why am I using VOQUILY?

2. What should I know before I use VOQUILY?

3. What if I am taking other medicines?

4. How do I use VOQUILY?

5. What should I know while using VOQUILY?

6. Are there any side effects?

7. Product details

### 1. Why am I using VOQUILY?

**VOQUILY contains the active ingredient melatonin.** Melatonin is naturally occurring hormone produced in the body. It is one of the main hormones that helps you to sleep.

## **VOQUILY** is used for the treatment of a number of conditions.

- Jet lag in adults 18 years and older.
- Sleep Disorders in children and adolescents aged 6 to18 years with neurodevelopmental disorders including autism spectrum disorder (ASD) and

attention deficit hyperactivity disorder (ADHD)

### 2. What should I know before I use VOQUILY?

### Warnings

#### Do not use VOQUILY if:

• you are allergic to melatonin, or any of the ingredients listed at the end of this leaflet.

Always check the ingredients to make sure you can use this medicine.

#### Check with your doctor if you:

- have or had the following medical conditions:
  - an autoimmune disease
  - a seizure disorder such as epilepsy
  - problems with your liver
  - problems with your kidneys
- take any medicines for any other condition.