Consumer Medicine Information

This leaflet provides important information about using INSTILLAGEL LIDO. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using INSTILLAGEL LIDO.

Where to find information in this leaflet:

- 1. Why am I using INSTILLAGEL LIDO?
- 2. What should I know before I use INSTILLAGEL LIDO?
- 3. What if I am taking other medicines?
- 4. How do I use INSTILLAGEL LIDO?
- 5. What should I know while using INSTILLAGEL LIDO?
- 6. Are there any side effects?
- 7. Product details

1. Why am I using INSTILLAGEL LIDO?

INSTILLAGEL LIDO contains the active ingredient lidocaine hydrochloride (as monohydrate) 2%w/w which has a local anaesthetic effect and is used to numb the parts of the body the gel is applied to. It stops the nerves from being able to pass pain messages to the brain and so stops you feeling pain.

INSTILLAGEL LIDO is used to relieve discomfort and ease the process during certain types of examinations or procedures.

- for instillation (insertion) into the urethra before a catheter is inserted or replaced and for a cystoscopy, when a doctor inserts a tube through the urethra to visualise your bladder.
- for proctoscopy/rectoscopy (medical procedures in which an instrument called an endoscope is used to examine the anal cavity or rectum). During this procedure, INSTILLAGEL LIDO is instilled into the anal cavity/rectum and/or the instrument used is lubricated with INSTILLAGELLIDO before insertion

INSTILLAGEL LIDO Published by MIMS March 2025