

Blooms Rosuvastatin

rosuvastatin calcium

Consumer Medicine Information

This leaflet provides important information about using Blooms Rosuvastatin. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Blooms Rosuvastatin.**

Where to find information in this leaflet:

1. Why am I using Blooms Rosuvastatin?
2. What should I know before I use Blooms Rosuvastatin?
3. What if I am taking other medicines?
4. How do I use Blooms Rosuvastatin?
5. What should I know while using Blooms Rosuvastatin?
6. Are there any side effects?
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1. Why am I using Blooms Rosuvastatin?

Blooms Rosuvastatin contains the active ingredient rosuvastatin calcium. Blooms Rosuvastatin belongs to a group of medicines known as HMG-CoA reductase inhibitors (also known as 'statins'). It lowers the "bad" cholesterol (LDL), and raises the "good" cholesterol (HDL) when exercise and changes to diet are not enough on their own.

Blooms Rosuvastatin is used to lower high cholesterol levels.

Even though you may have normal cholesterol, Blooms Rosuvastatin can also be used to reduce the risk of you having a stroke or heart

attack if you are a man 50 or more years old or a woman 60 or more years old and have at least 2 risk factors for having a heart attack or stroke, such as high blood pressure, low levels of good cholesterol, smoking or a family history of premature coronary heart disease. Your doctor may also do a blood test to measure a substance called C Reactive Protein to help decide if you should be given Blooms Rosuvastatin for this use.

Cholesterol and triglycerides

Everyone has cholesterol and triglycerides in their blood. They are fatty substances needed by the body for many things.

Triglycerides are an energy source for the body. Cholesterol is essential for building cells, making bile acids (which help to digest foods) and making some hormones.

There are different types of cholesterol. Too much of the "bad" cholesterol can block the blood vessels that supply your heart and brain with blood, and can cause heart attack, angina and stroke. The "good" cholesterol helps to remove the bad cholesterol from the blood vessels. High levels of triglycerides can be associated with a low level of "good" cholesterol and may increase the risk of heart disease.

High cholesterol is also more likely to occur with certain diseases or if you have a family history of high cholesterol.

Cholesterol is present in many foods and is also made by your body. Blooms Rosuvastatin does not reduce the cholesterol that comes from fat in food. Because of

this, when you are taking Blooms Rosuvastatin, you need to follow a low-fat diet, control your weight and exercise regularly.