

# ABACAVIR/LAMIVUDINE GH 600/300

*(abacavir hydrochloride monohydrate and lamivudine) film-coated tablet*

## Consumer Medicine Information

**PATIENTS TAKING ABACAVIR/LAMIVUDINE GH 600/300, WHICH CONTAINS ABACAVIR, MAY DEVELOP A HYPERSENSITIVITY REACTION (SERIOUS ALLERGIC REACTION) WHICH CAN BE LIFETHREATENING IF TREATMENT WITH ABACAVIR/LAMIVUDINE GH 600/300 IS CONTINUED. CONTACT YOUR DOCTOR IMMEDIATELY FOR ADVICE ON WHETHER YOU SHOULD STOP TAKING ABACAVIR/LAMIVUDINE GH 600/300 IF:**

- 1. YOU GET A SKIN RASH; OR**
- 2. YOU GET ONE OR MORE SYMPTOMS FROM AT LEAST TWO OF THE FOLLOWING GROUPS:**
  - FEVER;**
  - SHORTNESS OF BREATH, SORE THROAT OR COUGH;**
  - NAUSEA OR VOMITING OR DIARRHOEA OR ABDOMINAL PAIN;**
  - SEVERE TIREDNESS OR ACHINESS OR GENERALLY ILL FEELING.**

**IF YOU HAVE HAD A HYPERSENSITIVITY (ALLERGIC) REACTION TO ABACAVIR/LAMIVUDINE GH 600/300, NEVER TAKE ABACAVIR/LAMIVUDINE GH 600/300, OR ANY OTHER MEDICINAL PRODUCT CONTAINING ABACAVIR (TRIUMEQ, TRIZIVIR OR ZIAGEN) AGAIN AS YOU MAY DEVELOP A LIFE-THREATENING REACTION WHICH CAN BE FATAL.**

**THERE IS AN ALERT CARD INCLUDED IN THE ABACAVIR/LAMIVUDINE GH 600/300 PACK, TO REMIND YOU AND MEDICAL STAFF ABOUT ABACAVIR HYPERSENSITIVITY. THIS CARD SHOULD BE REMOVED FROM THE PACK AND KEPT WITH YOU AT ALL TIMES. SEE MORE DETAILS BELOW BEFORE YOU TAKE ABACAVIR/LAMIVUDINE GH 600/300.**

## What is in this leaflet

Please read this leaflet carefully before you start

Abacavir/Lamivudine GH 600/300.

This leaflet answers some common questions about

Abacavir/Lamivudine GH 600/300. It does not contain all of the available information.

It does not take the place of talking to your doctor or pharmacist (also known as a chemist).

All medicines have benefits and risks. Your doctor has weighed the expected benefits of you taking Abacavir/Lamivudine GH 600/300 against the risks this medicine could have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the tablets.**

You may need to read it again.

## What Abacavir/Lamivudine GH 600/300 is used for

Abacavir/Lamivudine GH 600/300 contains abacavir and lamivudine which belong to a group of medicines called antiretrovirals. These are also available as separate medicinal products: ZIAGEN® (abacavir) and 3TC (lamivudine).

Abacavir/Lamivudine GH 600/300 is used together with other antiretrovirals to slow down the progression of human immunodeficiency virus (HIV) infection, which can lead to Acquired Immune Deficiency Syndrome (AIDS) and other related illnesses (eg. AIDS related Complex or ARC).

Abacavir/Lamivudine GH 600/300 does not cure AIDS or kill the HIV virus, but delays further damage to the immune system by stopping production of new viruses.

Abacavir/Lamivudine GH 600/300 does not reduce the risk of passing the infection to others. You will still be able to pass on the HIV virus by sexual activity or by contamination with infected blood. You should still use proper precautions to prevent this.

While taking Abacavir/ Lamivudine GH 600/300 and/or any other therapy for HIV disease, you may continue to develop other infections and other complications of HIV infection. You should keep in regular contact with the doctor who is looking after you.

Abacavir/Lamivudine GH 600/300 is not addictive.

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## Before you take Abacavir/ Lamivudine GH 600/300

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### *When you must not take it*

You must not take  
Abacavir/Lamivudine GH 600/300  
if:

- you have ever had an allergic reaction to abacavir, which is also included in medicines called TRIUMEQ®, TRIZIVIR®, ZIAGEN®;
- you are allergic to the active ingredient lamivudine or any of the other ingredients listed toward the end of this leaflet;
- you have a serious liver disease, Abacavir/ Lamivudine GH 600/300 may not be suitable for you.

### *Special Warning*

Abacavir/Lamivudine GH 600/300 contains abacavir. Abacavir can cause a serious allergic reaction known as a hypersensitivity reaction, which can be life-threatening if treatment with abacavir containing products is not stopped.

Research has found that people with a gene called HLA-B (type 5701) are more likely to have a hypersensitivity reaction to abacavir. However, even if you do not have this gene type it is still possible for you to get this reaction. If you know you have this gene type, be sure to tell your doctor before you take abacavir.

The most common symptoms of this reaction include high temperature (fever) and a skin rash. Other most frequently seen symptoms include nausea, vomiting, diarrhoea or abdominal pain; severe tiredness or body aches or generally feeling ill; headache; shortness of breath, sore throat or cough. If you develop any of these symptoms call your doctor **IMMEDIATELY WHO WILL ADVISE YOU WHETHER YOU SHOULD STOP TAKING ABACAVIR/LAMIVUDINE GH 600/300.** If your doctor is not

available you must urgently seek other medical advice (eg. the Accident and Emergency unit of the nearest hospital) before taking the next dose.

Other symptoms may include joint or muscle pain, swelling of the neck or itchy skin. Occasionally inflammation of the eye (conjunctivitis), ulcers in the mouth, tingling or numbness of the hands or feet or low blood pressure may occur. The symptoms of this allergic reaction can occur at any time during treatment with Abacavir/ Lamivudine GH 600/300. However they usually occur in the first six weeks of treatment, and get worse with continued treatment.

If you have had this serious reaction to Abacavir/ Lamivudine GH 600/300, **NEVER** take Abacavir/ Lamivudine GH 600/300 or any other medicinal product containing abacavir (TRIZIVIR®, ZIAGEN® or TRIUMEQ®) again as within hours you may experience a life-threatening lowering of your blood pressure or death.

Occasionally life-threatening hypersensitivity reactions have occurred when Abacavir/Lamivudine GH 600/300 was restarted in patients who reported only one of the symptoms on the Alert Card before stopping.

On very rare occasions, hypersensitivity has been reported when Abacavir/ Lamivudine GH 600/300 was restarted in patients who had no symptoms of hypersensitivity before stopping.

If you have stopped taking Abacavir/Lamivudine GH 600/300 for any reason it is important that you contact your doctor before restarting. This is especially so if you think you are having side effects from other medicines or have another illness. Your doctor will check whether any symptoms you had before stopping may be related to this hypersensitivity reaction. If your doctor thinks there is a possibility that they were related, you may be told never to take Abacavir/Lamivudine GH

600/300 again. It is important that you follow this advice.

If you are hypersensitive to Abacavir/Lamivudine GH 600/300 you should return all of your unused Abacavir/ Lamivudine GH 600/300 to your doctor or pharmacist for proper disposal.

You must not take  
Abacavir/Lamivudine GH 600/300  
if:

- you had a previous allergic reaction to Abacavir/Lamivudine GH 600/300 or other abacavir containing products (ZIAGEN®, TRIZIVIR® or TRIUMEQ®).
- you are pregnant, think you may be pregnant or are breastfeeding, unless your doctor tells you to.
- the expiry date (EXP.) printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

You must tell your doctor if:

- you are allergic to foods, dyes, preservatives or any other medicines.
- you have any other illness.
- you are taking any other medicines, including medicines you buy without a prescription from a supermarket or health food shop.

Abacavir or lamivudine in Abacavir/Lamivudine GH 600/300 may interact with certain other medicines. Abacavir/Lamivudine GH 600/300 should not be taken with emtricitabine.

Some medicines may affect how Abacavir/Lamivudine GH 600/300 works, or make it more likely that you'll have side effects. These medicines include:

- sorbitol-containing medicines (usually liquids) used regularly
- trimethoprim-sulphamethoxazole (also known as co-trimoxazole), (an antibiotic used to treat *Pneumocystis jiroveci* pneumonia

(often referred to as PCP) or toxoplasmosis).

Tell your doctor or pharmacist if you are taking any of these.

If you are taking methadone, your doctor may need to adjust your methadone dose, as abacavir increases the rate at which methadone leaves your body. This is unlikely to affect most methadone users.

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## How to take Abacavir/ Lamivudine GH 600/300

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### *How much to take*

Take Abacavir/Lamivudine GH 600/300 as directed by your doctor or pharmacist. The normal dose for adults and adolescents is one tablet once a day.

Your doctor may prescribe a different dosage.

### *How to take it*

Abacavir/Lamivudine GH 600/300 tablets should be swallowed whole with water. Abacavir/Lamivudine GH 600/300 tablets do not have to be taken with food.

### *How long to take it*

Because your medicine helps to control your condition, but does not cure it, you will need to take the tablets every day. Do not stop taking Abacavir/Lamivudine GH 600/300 or change the dose without first talking to your doctor.

### *If you forget to take it*

It is important to take this medicine as prescribed to ensure you get maximum benefit. If you forget to take a dose, take it as soon as you remember, and then continue as before.

Do not take more than one tablet to make up for the doses you have missed.

### *If you take too much (overdose)*

**If you think you or anyone else may have taken too much Abacavir/Lamivudine GH 600/300, immediately telephone your doctor or Poisons Information Centre (In Australia telephone 13 11 26, in New Zealand telephone 0800 POISON). Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.**

**If you are not sure what to do, contact your doctor or pharmacist.**

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## While you are taking Abacavir/ Lamivudine GH 600/300

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### *Things you must do*

**Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.**

Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.

### *If you have stopped taking it*

If you have stopped taking Abacavir/Lamivudine GH 600/300 for any reason, it is important that you contact your doctor before restarting. This is especially so if you think you are having side effects or have another illness. In some cases your doctor will ask you to restart Abacavir/Lamivudine GH 600/300 where medical care can be readily accessed by yourself or others.

### *Things you must not do*

**Do not give this medicine to anyone else, even if their symptoms seem similar to yours.**

**Do not use Abacavir/ Lamivudine GH 600/300 to treat any other complaints unless your doctor tells you to.**

If you have hepatitis B infection, you should not stop Abacavir/ Lamivudine GH 600/300 without instructions from your doctor, as you

may have a recurrence of your hepatitis. This may occur due to you suddenly stopping lamivudine.

### *Things to be careful of*

Be careful driving or operating machinery until you know how Abacavir/Lamivudine GH 600/300 affects you.

No studies on the effects of Abacavir/Lamivudine GH 600/300 on the ability to drive and use machines has been performed.

However, you should take into account the state of your health and the possible side effects of Abacavir/Lamivudine GH 600/300 before considering driving or using machines.

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## Side effects

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**Check with your doctor as soon as possible if you think you are experiencing any side effects or allergic reactions while taking Abacavir/ Lamivudine GH 600/300, even if the problem is not listed in this leaflet.**

Like all medicines, Abacavir/ Lamivudine GH 600/300 can cause some side effects.

If they occur, they are most likely to be minor and temporary. However, some may be serious and may need medical attention.

### **Hypersensitivity Reaction**

Abacavir/Lamivudine GH 600/300 contains abacavir (which is also an active ingredient in ZIAGEN®, TRIZIVIR® and TRIUMEQ®).

Abacavir can cause a serious allergic reaction known as a hypersensitivity reaction, which can be life-threatening if treatment with abacavir containing products is not stopped. This is described in the section "Special warning" under "Before you take Abacavir/ Lamivudine GH 600/300", of this leaflet.

**It is important that you read and understand the information about this serious reaction.**

As Abacavir/Lamivudine GH 600/300 contains both abacavir and lamivudine, the side effects reported for each of these have been combined.

The most common side effects (could affect at least one to ten in every 100 people) are:

- nausea, vomiting;
- diarrhoea;
- upper abdominal pain;
- headache;
- high temperature;
- lethargy, fatigue, loss of appetite;
- hair loss;
- joint and muscle pain;
- abacavir hypersensitivity;
- skin rash (without any other illness).

Uncommon side-effects (could affect less than one in every 100 people) are:

- increases in enzymes produced by the liver;
- anaemia (low red blood cell count);
- neutropenia (low white blood cell count);
- reduction in the number of platelets (blood cells important for blood clotting).

If the production of red blood cells is reduced, you may have symptoms of tiredness or breathlessness.

A reduction in your white blood cell count can make you more prone to infection. If you have a low platelet count, you may notice that you bruise more easily.

Rare side-effects (could affect less than one in every 1,000 people) are:

- breakdown of muscle tissue, increases of an enzyme called amylase;
- inflammation of the pancreas (pancreatitis).

Very rare side-effects (could affect less than one in every 10,000 people) are:

- serious skin reactions;
- severe anaemia.

Changes in the amounts of fatty substances and glucose in the blood have also been reported. Within the first few weeks of treatment with anti-HIV medicines, some people, particularly those that have been HIV positive for some time, may develop inflammatory reactions (eg. pain, redness, swelling, high temperature) which may resemble an infection and may be severe. It is thought that these reactions are caused by a recovery in the body's ability to fight infections, previously suppressed by HIV. If you become concerned about any new symptoms, or any changes in your health after starting HIV treatment, please discuss with your doctor immediately.

In babies and infants exposed to Nucleoside Reverse Transcriptase Inhibitors (NRTIs) during pregnancy or labour, small temporary increases in blood levels of a substance called lactate have been observed.

Additionally, there have been very rare reports of diseases that affect the nervous system such as a delayed development and seizures. Overall, in children whose mothers took NRTIs during pregnancy, the benefit from the reduced chance of being infected with HIV is likely to be greater than the risk of suffering from side effects.

**Call your doctor IMMEDIATELY if you notice any of the following. The doctor will tell you whether you should stop taking Abacavir/Lamivudine GH 600/300 and what you should do:**

- **Lactic Acidosis**  
**Some people taking Abacavir/Lamivudine GH 600/300, or other medicines like it (NRTIs), develop a condition called lactic acidosis, together with an enlarged liver. Lactic acidosis is caused by a build-up of lactic acid in the body. It is rare; if it happens, it usually develops after a few months of treatment. It can be life threatening, causing failure of internal organs. Lactic acidosis is more likely to**

**develop in people who have liver disease, especially in women.**

**Signs of lactic acidosis include:**

- **deep, rapid, difficult breathing;**
- **drowsiness;**
- **numbness or weakness in the limbs;**
- **feeling sick (nausea), being sick (vomiting);**
- **stomach pain.**

- **Allergic (anaphylactic) reaction**  
**The symptoms of an allergic (anaphylactic) reaction which may occur soon after starting Abacavir/Lamivudine GH 600/300 include wheezing, swelling of the lips/mouth, difficulty in breathing, hayfever, lumpy rash (hives) or fainting.**
- **Old infections may flare up**  
**People with advanced HIV infection (AIDS) have weak immune systems, and are more likely to develop serious infections (opportunistic infections). When these people start treatment, they may find that old, hidden infections flare up, causing signs and symptoms of inflammation. These symptoms are probably caused by the body's immune system becoming stronger, so that the body starts to fight these infections.**

#### **Fat gain and loss**

Fat gain and loss has been observed with combined antiretroviral therapy. A causal relationship for this has not been established. Should any change in body shape be noticed, seek medical advice.

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

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## After taking Abacavir/ Lamivudine GH 600/300

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### **Storage**

Keep this medicine where children cannot reach it, such as a locked cupboard.

Keep Abacavir/Lamivudine GH 600/300 in a cool, dry place where it stays below 25°C.

Do not store the tablets, or any other medicine, in a bathroom or near a sink.

Do not leave them in the car or on window sills.

Keep your Abacavir/Lamivudine GH 600/300 in the pack until you take them.

### **Disposal**

If your doctor tells you to stop taking Abacavir/Lamivudine GH 600/300, or the tablets have passed their expiry date, return any unused or expired medicine to your pharmacist.

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## Product description

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### **What it looks like**

Abacavir/Lamivudine GH 600/300 tablets are orange coloured, modified capsule shaped, biconvex, film-coated tablets debossed with “300” on one side and “600” on the other side.

Abacavir/Lamivudine GH 600/300 tablets are supplied in opaque white, polyvinyl chloride (PVC)/polyvinylidene chloride (PVdC) blister packs or plastic HDPE bottles with a child resistant closure, each pack containing 30 tablets.

Note: not all container types may be distributed in Australia.

### **Ingredients**

Abacavir/Lamivudine GH 600/300 tablets contain 600 mg of abacavir as

abacavir hydrochloride monohydrate and 300 mg of lamivudine.

The tablets also contain following inactive ingredients:

- microcrystalline cellulose;
- crospovidone;
- povidone;
- magnesium stearate;
- ferric oxide.

Tablet coating Opadry complete film coating system YS-1-13065A ORANGE (PI 10788) contain:

- hypromellose;
- titanium dioxide CI 77891;
- macrogol 400;
- polysorbate 80;
- sunset yellow FCF CI 15985 aluminium lake.

### **Australian Registration Numbers**

Abacavir/Lamivudine GH 600/300 blister pack:  
AUST R 281026.

### **Distributor**

Generic Health Pty Ltd  
Suite 2, Level 2  
19-23 Prospect Street  
Box Hill, VIC, 3128  
Australia

Email: [ghinfo@generichealth.com.au](mailto:ghinfo@generichealth.com.au)  
Telephone: +61 3 9809 7900  
Website: [www.generichealth.com.au](http://www.generichealth.com.au)

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### **Where to go for further information**

Pharmaceutical companies are not in a position to give people an individual diagnosis or medical advice. Your doctor or pharmacist is the best person to give you the individual advice you need. You may also be able to find out more information about your disease from books, for example in public libraries.

Counselling is also available from your local AIDS council. The

information provided applies only to Abacavir/Lamivudine GH 600/300.

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