

# FINOMEL

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I receiving FINOMEL?

FINOMEL is a nutrition source that a doctor or nurse gives you directly into your veins. The main ingredients are amino acids, fats, glucose, and salts. FINOMEL is used for adults who cannot sufficiently eat or absorb food normally through their mouth or stomach.

For more information, see Section [1. Why am I receiving FINOMEL?](#) in the full CMI.

### 2. What should I know before I receive FINOMEL?

Do not use if you have ever had an allergic reaction to **any** of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I receive FINOMEL?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with FINOMEL and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How is FINOMEL given?

- Your doctor or nurse will give FINOMEL as a slow, continuous infusion into a large vein near your heart (central vein).
- The drip usually runs between 14 and 24 hours. Your doctor will advise how long it will take.
- Your doctor will determine the amount of FINOMEL that is right for you. They will closely monitor your condition and your blood during treatment to ensure that you safely receive the right amount.

More instructions can be found in Section [4. How is FINOMEL given?](#) in the full CMI.

### 5. What should I know while receiving FINOMEL?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>• Remind any doctor, nurse, dentist or pharmacist you visit that you are using FINOMEL</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>• Do not stop using this medicine suddenly.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>• Take care when driving or using machines, until you know how this medicine affects you.</li></ul>
<b>Drinking alcohol</b>	<ul style="list-style-type: none"><li>• Tell your doctor if you drink alcohol.</li><li>• How alcohol affects this medicine is not known. Your doctor will advise on what you should do.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>• Store this product in its original pouch ('overpouch') below 25 degrees Celsius. Do not freeze.</li><li>• Do not use infusion bags that have passed the expiry date or if the container is damaged.</li></ul>

For more information, see Section [5. What should I know while receiving FINOMEL?](#) in the full CMI.

### 6. Are there any side effects?

There are side effects reported in products similar to FINOMEL. If you get any adverse effects, talk to your doctor or pharmacist.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# FINOMEL

**Active ingredient(s):** amino acids, glucose, lipids and electrolytes (see product details for full list)

## Consumer Medicine Information (CMI)

This leaflet provides important information about using FINOMEL. **You should also speak to your doctor, nurse or pharmacist if you would like further information or if you have any concerns or questions about receiving FINOMEL.**

**Where to find information in this leaflet:**

- [1. Why am I receiving FINOMEL?](#)
- [2. What should I know before I receive FINOMEL?](#)
- [3. What if I am taking other medicines?](#)
- [4. How is FINOMEL given?](#)
- [5. What should I know while receiving FINOMEL?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

## 1. Why am I receiving FINOMEL?

FINOMEL is a nutrition source that a doctor or nurse gives you directly into your veins.

**The main ingredients in FINOMEL are:**

- Amino Acids:** These are the building blocks of protein, which your body needs for things like building and repairing tissues, healing wounds, and keeping your immune system working.
- Glucose:** This is a type of sugar, and it is your body's main source of quick energy.
- Lipids:** These are fats that provide energy, including essential fatty acids that your body needs but can't produce on its own.
- Salts:** Electrolytes like sodium, potassium, magnesium, and other salts.

**FINOMEL is used for adults who cannot sufficiently eat or absorb food normally through their mouth or stomach.**

This can happen for various reasons, such as after surgery, if you have severe malnutrition, or if feeding through a tube isn't possible.

## 2. What should I know before I receive FINOMEL?

### Warnings

**Do not use FINOMEL if you:**

- are allergic to **any** of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.

- are allergic to fish, corn or corn products, egg, peanuts and/or soybean
- have very high blood fat levels
- have problems processing amino acids
- have severe blood clotting problems
- have uncontrolled high blood sugar levels
- have very high blood levels of sodium, potassium, magnesium, calcium and/or phosphorus
- have severe problems with your liver
- have severe kidney problems that are not managed with treatments like dialysis or blood filtering machines
- have problems receiving large volumes of liquids in your veins
- your condition is considered medically unstable (e.g. stroke, heart attack or severe trauma)

**Check with your doctor if you:**

- have any other medical conditions
- have heart, lung, liver or kidney problems
- have an infection
- have diabetes
- have too much acid in the blood
- have a bleeding disorder or low blood iron (anaemia)
- have high levels of fats in the blood
- take any medicines for any other condition

There are side effects reported in products similar to FINOMEL. During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

### Use in Children

FINOMEL is only for use in adults.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interact with FINOMEL:**

- heparin, a medicine used to prevent blood clots
- ceftriaxone, an antibiotic used to treat bacterial infections

Ceftriaxone must not be mixed with or given at the same time as calcium-containing solutions such as FINOMEL.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect FINOMEL.**

## 4. How is FINOMEL given?

### How it is given

- FINOMEL is given as a slow, continuous infusion into a large vein near your heart (central vein), only under the supervision of a doctor or trained nurse.
- The drip usually runs between 14 and 24 hours. Your doctor will advise how long it will take.

### How much is given

- Your doctor will determine the amount of FINOMEL that's right for you.
- Your doctor will regularly monitor your condition and your blood during treatment to ensure that you safely receive the right amount.
- Your doctor may adjust your dose depending on your response.

### If you are given too much FINOMEL

As FINOMEL will be given to you by a doctor or nurse, it is unlikely that you will be given too much (overdose).

Your doctor will regularly monitor your condition and test your blood and urine to prevent an overdose. Your doctor has information on how to prevent an overdose.

However, if you are given too much FINOMEL or it is infused too quickly, you may feel unwell and have nausea, vomiting, and shivering.

If you think too much FINOMEL has been given, you may need urgent medical attention.

#### You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while receiving FINOMEL?

### Things you should do

Remind any doctor, nurse, dentist or pharmacist you visit that you are using FINOMEL.

### Things you should not do

- Do not stop using this medicine suddenly.

## Driving or using machines

**Be careful before you drive or use any machines or tools until you know how FINOMEL affects you.**

How FINOMEL affects the safe use of vehicles, machines or tools has not been studied.

## Drinking alcohol

**Tell your doctor if you drink alcohol.**

The effects of alcohol on FINOMEL are not known. Your doctor will advise you on what you should do.

## Looking after your medicine

- Store this product in its original pouch ('overpouch') below 25 degrees Celsius. Do not freeze.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

**Keep it where young children cannot reach it.**

## When to discard your medicine

Do not use infusion bags that have passed the expiry date or if the container is damaged.

## Getting rid of any unwanted medicine

The infusion is for single use, and for one person only. Any unused portion must be discarded and not used later, either for you or anyone else.

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

## 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

There are side effects reported in products similar to FINOMEL:

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"><li>• headache</li><li>• dizziness</li><li>• pain, redness, and swelling along a vein (thrombophlebitis)</li><li>• stomach pain</li></ul>	<b>Tell your doctor if you have any of these less serious side effects</b>

<ul style="list-style-type: none"> <li>• vomiting</li> <li>• nausea</li> <li>• joint pain</li> <li>• frequent urination, increased thirst or blurred vision which may be signs of high blood sugar levels</li> </ul>	<b>effects and they worry you.</b>
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## Serious side effects

Serious side effects	What to do
<p><b>Allergic-reaction related:</b></p> <ul style="list-style-type: none"> <li>• fever</li> <li>• chills</li> <li>• itchy skin</li> <li>• skin rash</li> <li>• shortness of breath, wheezing, coughing or difficulty breathing</li> <li>• bluish or purplish discoloration of the lips, tongue, nail beds, or skin</li> <li>• swelling of the face, lips, tongue or other parts of the body</li> <li>• dizziness or lightheadedness, especially when standing up</li> </ul> <p><b>Fat overload-related:</b></p> <ul style="list-style-type: none"> <li>• unusual tiredness or weakness</li> <li>• pale or yellowish skin and eyes (jaundice)</li> <li>• easy bruising or bleeding (including nose or gum bleeds, tiny red spots, or large bruises)</li> <li>• swelling or pain in the upper right belly (enlarged liver)</li> <li>• nausea or vomiting</li> <li>• more frequent infections</li> <li>• confusion, drowsiness, or trouble staying awake (and, in severe cases, coma)</li> </ul> <p><b>Salt and hormone balance related:</b></p> <ul style="list-style-type: none"> <li>• chest pain</li> <li>• irregular heart beats</li> <li>• fits (seizures)</li> </ul> <p><b>Liver-related:</b></p> <ul style="list-style-type: none"> <li>• dark urine</li> <li>• pale stools</li> </ul>	<p><b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

## Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side

effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What FINOMEL contains

<p><b>Active ingredients (main ingredients)</b></p>	<ul style="list-style-type: none"> <li>• <b>Amino acids:</b> alanine, arginine, glycine, histidine, isoleucine, leucine, lysine hydrochloride, methionine, phenylalanine, proline, serine, threonine, tryptophan, tyrosine, valine</li> <li>• <b>Salts:</b> sodium acetate trihydrate, potassium chloride, calcium chloride dihydrate, magnesium sulfate heptahydrate, sodium glycerophosphate hydrate, zinc sulfate heptahydrate</li> <li>• Glucose monohydrate</li> <li>• <b>Fats:</b> soya oil, olive oil, medium chain triglycerides and fish oil-rich omega-3 acids</li> </ul>
<p><b>Other ingredients (inactive ingredients)</b></p>	<ul style="list-style-type: none"> <li>• Glycerol</li> <li>• Egg lecithin</li> <li>• Sodium oleate</li> <li>• dl-alpha-tocopherol</li> <li>• Glacial acetic acid</li> <li>• Hydrochloric acid</li> <li>• Sodium Hydroxide</li> <li>• Water for injections</li> </ul>
<p><b>Potential allergens</b></p>	<p><b>Egg lecithin, soya oil, fish oil</b></p>

**Do not take this medicine if you are allergic to any of these ingredients. Cross allergic reaction has been observed between soybean and peanut.**

### What FINOMEL looks like

FINOMEL is presented in a plastic bag composed of 3 compartments to be mixed before use. When mixed together, FINOMEL is a milky white solution.

Finomel 1085mL – AUST R 297694

Finomel 1435mL – AUST R 307361

Finomel 1820mL – AUST R 307363

Not all pack sizes may be marketed.

## **Who distributes FINOMEL**

Baxter Healthcare Pty Ltd

1 Baxter Drive

Old Toongabbie

NSW 2146

Australia

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