

Bisolvon® Chesty Forte Liquid On-The-Go Sachets

Bromhexine hydrochloride

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Bisolvon Chesty Forte Liquid On-The-Go.

It does not contain all available information, nor does it take the place of talking to your doctor or pharmacist.

This leaflet was last updated on the date at the end of this leaflet. More recent information may be available. The latest Consumer Medicine Information is available from your pharmacist, doctor, or from www.medicines.org.au and may contain important information about the medicine and its use of which you should be aware.

Keep this information with your Bisolvon Chesty Forte Liquid On-The-Go.

You may need to read it again later.

To find out more about Bisolvon Chesty Forte Liquid On-The-Go:

You should ask your doctor or pharmacist if you have any questions about Bisolvon Chesty Forte Liquid On-The-Go, or if you have any trouble before, during or after using Bisolvon Chesty Forte Liquid On-The-Go.

What Bisolvon Chesty Forte is used for

Bisolvon Chesty Forte Liquid On-The-Go is used in conditions where breathing is difficult because there are a lot of secretions (also referred to as mucus) in your air passages. Such conditions include:

- common cold
- flu
- infections of the respiratory tract.

Bisolvon Chesty Forte Liquid On-The-Go contains double strength bromhexine hydrochloride, which helps clear stubborn chest congestion, by thinning the mucus in your air passages, making it easier to cough up.

Before you take Bisolvon Chesty Forte

When you must not take Bisolvon Chesty Forte

Do not take Bisolvon Chesty Forte Liquid On-The-Go if you are allergic to bromhexine or to any of the other ingredients in Bisolvon Chesty Forte Liquid On-The-Go.

These ingredients are listed in full at the end of this leaflet (see Ingredients).

If you are not sure if you have these allergies or this condition, you should raise those concerns with your doctor or pharmacist.

Do not use Bisolvon Chesty Forte Liquid On-The-Go in children under 6 years of age (see Children).

You should not use Bisolvon Chesty Forte Liquid On-The-Go after the EXPIRY DATE on the sachet or pack.

If you take this medicine after the expiry date, it may not work as well.

Do not use Bisolvon Chesty Forte Liquid On-The-Go if the sachet or the packaging is torn or shows signs of tampering.

Before you start to take Bisolvon Chesty Forte

If you have a persistent or chronic cough such as coughs occurring with smoking, asthma, chronic bronchitis, emphysema or cough accompanied by excess phlegm, consult your doctor before taking Bisolvon Chesty Forte Liquid On-The-Go.

Before taking Bisolvon Chesty Forte Liquid On-The-Go, you must tell your doctor or pharmacist if you have, or have had, any of the following conditions:

- liver problems
- kidney problems
- stomach ulcers.

If you are not sure if you have, or have had, any of these conditions, you should raise those concerns with your doctor or pharmacist.

Before using Bisolvon Chesty Forte Liquid On-The-Go, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.

Bisolvon Chesty Forte Liquid On-The-Go may increase the amount of antibiotic penetration. Antibiotics are medicines used to treat infections.

Pregnancy

Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication.

Special care is recommended during pregnancy. The benefits of Bisolvon Chesty Forte Liquid On-The-Go must be assessed against any risks. Your doctor will discuss the risks and benefits of using Bisolvon Chesty Forte Liquid On-The-Go while you are pregnant.

The use of Bisolvon Chesty Forte Liquid On-The-Go during the first trimester is not recommended.

Breastfeeding

Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication.

Bisolvon Chesty Forte Liquid On-The-Go is expected to enter the breast milk.

It is not recommended that Bisolvon Chesty Forte Liquid On-The-Go be taken by women who are breastfeeding.

Children

Do not use Bisolvon Chesty Forte Liquid On-The-Go in children under 6 years of age. Use in children 6 - 11 years only on the advice of a doctor, pharmacist or nurse practitioner.

Taking Bisolvon Chesty Forte

Recommended dose

The recommended doses for Bisolvon Chesty Forte Liquid On-The-Go in adults and children are stated below:

Adults and children over 12 years:

- One sachet (5 mL) three times a day when necessary.
- This dose can be increased to two sachets (10 mL) three times a day for the first 7 days.

Children 6 - 11 years of age:

- One sachet (5 mL) three times a day when necessary.

Ask your doctor or pharmacist for more information if you have been advised to take a different dose.

If you have taken too much Bisolvon Chesty Forte

Immediately telephone your doctor, pharmacist or the Poisons Information Centre (telephone 13 11 26 in Australia; 0800 764 766 in New Zealand) if you think you or anyone else may have taken too much Bisolvon Chesty Forte Liquid On-The-Go.

Do this even if there are no signs of discomfort or poisoning.

While you are taking Bisolvon Chesty Forte

When you take Bisolvon Chesty Forte Liquid On-The-Go, you may notice an increase in thin watery mucus from your air passages. This is common when you take Bisolvon Chesty Forte Liquid On-The-Go and is due to the way the product works, helping to remove mucus by making it easier to cough up.

Things you must do

If your symptoms persist, you should contact your doctor for further advice.

Your doctor will assess your condition and decide if you should continue to take Bisolvon Chesty Forte Liquid On-The-Go or if a new treatment plan is needed.

Stop taking Bisolvon Chesty Forte Liquid On-The-Go and contact your doctor immediately if you experience any skin reaction with severe blisters and bleeding in the lips, eyes, mouth, nose or genitals. These may be symptoms of a severe allergic reaction that requires urgent medical attention.

There have been very rare reports of severe skin reactions such as Stevens Johnson Syndrome and Lyell's Syndrome with products containing bromhexine.

Effects on ability to drive or operate machinery

When used as recommended, and when there are no side effects, Bisolvon Chesty Forte Liquid On-The-Go is not known to have any effect on the ability to drive or operate machinery.

Side effects

You should be aware that all medicines carry some risks and that all possible risks may not be known at this stage despite thorough testing.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking Bisolvon Chesty Forte Liquid On-The-Go.

Side effects from Bisolvon Chesty Forte Liquid On-The-Go include:

- nausea
- diarrhoea
- vomiting
- stomach pain
- other mild stomach problems

- headache
- dizziness
- sweating
- temporary rise in some liver enzyme levels.

Serious allergic reactions have occurred with the use of Bisolvon Chesty Forte Liquid On-The-Go. Symptoms of allergic reactions may include:

- skin rashes, including pinkish, itchy swellings (also called hives)
- difficulty in breathing
- swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing.

Tell your doctor or pharmacist as soon as possible if you experience any side effects during or after taking Bisolvon Chesty Forte Liquid On-The-Go, so that these may be properly treated.

In addition, unexpected effects, not listed above, can occur with any medicine.

You should tell your doctor or pharmacist if you notice anything unusual, during or after taking Bisolvon Chesty Forte Liquid On-The-Go.

After taking Bisolvon Chesty Forte

Storage

Bisolvon Chesty Forte Liquid On-The-Go should be kept in a cool dry place where the temperature stays below 25°C.

Do not store in direct sunlight or heat.

For example, do not leave it in the car on hot days.

Keep Bisolvon Chesty Forte Liquid On-The-Go where children cannot reach it.

Product Description

What is Bisolvon Chesty Forte

Bisolvon Chesty Forte Liquid On-The-Go is the brand name of your medicine. The Oral Liquid is a clear to almost clear and colourless to almost colourless solution with an aroma of chocolate and cherry.

Bisolvon Chesty Forte Liquid On-The-Go is available in packs of 20 sachets.

Each carton is labelled with the Australian Registration Number AUST R 207798.

Ingredients

Each 5 mL sachet of Bisolvon Chesty Forte Liquid On-The-Go contains bromhexine hydrochloride 8 mg.

The other ingredients contained in Bisolvon Chesty Forte Liquid On-The-Go are:

- hydroxyethylcellulose
- sucralose
- benzoic acid
- menthol
- chocolate flavour 96534-33
- cherry flavour 96323-33
- purified water.

Supplier

Bisolvon Chesty Forte Liquid On-The-Go is supplied in Australia by:

**BOEHRINGER INGELHEIM
PTY LIMITED**

ABN 52 000 452 308

78 Waterloo Road

North Ryde NSW 2113

www.bisolvon.com.au

This leaflet was prepared in March 2013.

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