# **APOHEALTH Thrush 3 Day Cream APOHEALTH Thrush 6 Day Cream**

Clotrimazole

#### **Consumer Medicine Information**

This leaflet provides important information about using APOHEALTH Thrush Cream. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using APOHEALTH THRUSH Cream.

#### Where to find information in this leaflet:

- 1. Why am I using APOHEALTH Thrush Cream?
- 2. What should I know before I use APOHEALTH Thrush Cream?
- 3. What if I am taking other medicines?
- 4. How do I use APOHEALTH Thrush Cream?
- 5. What should I know while using APOHEALTH Thrush Cream?
- 6. Are there any side effects?
- 7. Product details

## 1. Why am I using APOHEALTH Thrush Cream?

### **APOHEALTH Thrush Cream contains** the active ingredient Clotrimazole.

Clotrimazole is used to treat the vaginal yeast infection known as Candida. Candida infections of the vagina are commonly referred to as "thrush".

Symptoms of thrush include vaginal discomfort, itchiness, and discharge.

#### How it works

Clotrimazole belongs to a group of medicines called antifungals. It works by killing the fungi that cause the Candida infection.

Candida infections result from an imbalance of the natural micro-organisms that are present in the vagina. This then causes an. overgrowth of yeast fungus.

Certain conditions may increase the chance of infection:

- diabetes
- obesity
- fatigue
- hormonal changes during pregnancy or during certain times of the menstrual cycle or due to the oral contraceptive pill
- certain medicines, such as antibiotics and steroids

This medicine may be recommended by a pharmacist without a prescription.

### 2. What should I know before I use APOHEALTH Thrush Cream?

#### Warnings

### Do not use APOHEALTH Thrush Cream if:

 you are allergic to clotrimazole, or any of the ingredients listed at the end of this leaflet.

Always check the ingredients to make sure you can use this medicine. Symptoms of an allergy may include rash, itching, burning swelling or redness in the area where the cream has been applied.

Do not use this cream in your eyes.

#### Check with your doctor if:

- This is your first course of treatment.
- · You are under 18 years of age
- You have had three or more infections within the last six months
- You have diabetes. Your doctor will check that your sugar levels are under control
- You have allergies to any other cream, gel or ointment

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

#### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Your doctor will discuss with you the risks and benefits of using this cream and may recommend other treatments which don't involve the use of an applicator.

### Talk to your doctor if you are breast feeding or intend to breastfeed.

It is not known if this medicine passes into breast milk. Your doctor can discuss this with you.

#### Use in children

This medicine should not be used in children.