

# Compound Sodium Lactate (Hartmann's) Solution for Injection

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some of the common questions about Compound Sodium Lactate (Hartmann's). It does not contain all the information. It does not take the place of talking to your doctor.

All medicines have risks and benefits. Your doctor has weighed the risks of you being given Compound Sodium Lactate (Hartmann's) against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

### What Compound Sodium Lactate (Hartmann's) is used for

Compound Sodium Lactate (Hartmann's) is used to replace body fluid and mineral salts that may be lost for a variety of medical reasons. It is especially suitable when the losses result in too much acid being present in the blood.

**Your doctor may have prescribed it for another reason. Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

### Before you are given Compound Sodium Lactate (Hartmann's)

*When you should NOT be given it*

**Compound Sodium Lactate (Hartmann's) should not be given;**

- You have congestive heart failure (constant wheezing, shortness of breath);
- you have severely reduced kidney function;
- you have too much sodium and chloride in your blood that is not being corrected with medication;
- it is intended to be administered at the same time and through the same injection equipment as blood preparations (citrate anticoagulated/preserved blood) or ceftriaxone, an antibiotic (if a baby < 1 month of age is to be treated, administration at the same time as ceftriaxone must never occur)
- the expiry date printed on the pack on the bottom of the bag has passed, or if the packaging is torn or shows any signs of tampering.

For use in one patient on one occasion only.

It may have no effect at all, or worse, an entirely unexpected effect if you are given it after the expiry date has passed.

**Compound Sodium Lactate (Hartmann's) should not be given if you have an allergy to:**

- Any ingredient listed at the end of this leaflet
- Any similar medicines to Compound Sodium Lactate (Hartmann's)

Some symptoms of an allergic reaction may include:

- Shortness of breath
- Wheezing or difficulty breathing
- Swelling of the face, lips, tongue or other parts of the body
- Skin rash, itching or hives

*Before you are given it*

**Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.**

**Tell your doctor if you have or have had any medical conditions, especially the following:**

- Heart problems
- Kidney problems including kidney stones
- You have too much potassium or calcium in your blood that is not being corrected with medication
- Diabetes
  - are taking any other medicines including those you can buy without a prescription, in particular digoxin (a medicine for heart problems), medicines for high blood pressure (diuretics, ACE inhibitors or ARAs), immunosuppressant medicines (tacrolimus or cyclosporine), potassium

- supplements, corticosteroids, lithium or vitamin D;
- Any other illness
- Pregnancy
- Breast feeding

It may not be safe for you to be given Compound Sodium Lactate (Hartmann's) if you have any of these conditions.

### *Taking Other Medicines*

**Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.**

Your doctor or pharmacist will have more information on medicines to be careful with or avoid while using Compound Sodium Lactate (Hartmann's).

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## How is Compound Sodium Lactate (Hartmann's) given

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**Compound Sodium Lactate (Hartmann's) will be given to you by your doctor or specially trained nurse by infusion or drip into the vein.**

This allows the Compound Sodium Lactate (Hartmann's) to reach the body quickly, where it will treat dehydration and replace mineral salts.

### *How much is given*

The dosage you will be given will depend on your age, weight, medical condition and response. Your doctor will have had a lot of experience in injecting Compound Sodium Lactate (Hartmann's) and will choose the best dose for you.

### *If you are given too much (Overdose)*

**This rarely happens as it is usually administered under the care of a trained professional in a hospital or clinic setting.**

**However, if you are particularly sensitive to Compound Sodium Lactate (Hartmann's) you may become confused or dehydrated.**

Contact the Poisons Information Centre in your country for any further information.

Australia: 13 11 26  
New Zealand: 0800 764 766

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## While you are being given Compound Sodium Lactate (Hartmann's)

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Frequent clinical evaluation and laboratory tests may be required as Compound Sodium Lactate (Hartmann's) is normally given in a hospital. Your doctor or nurse will make appropriate records during your treatment and will note any unexpected effects you may experience.

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## Side Effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Compound Sodium Lactate (Hartmann's).**

All medicines can have some side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

**Ask your doctor or pharmacist to answer any questions you may have.**

**The following is a list of possible side effects. Tell your doctor or pharmacist if you notice any of the following:**

- Some swelling of the hands, ankles and feet may be experienced due to retention of fluid in your body
- Difficulty breathing
- Chest tightness
- Chest pain

- Fast or slow heart beat and other heart issues
- Coughing
- Sneezing
- Abdominal cramps
- Paralysis
- Weakness
- Tingling or numbness of hands and feet
- Nausea (feeling sick)
- Vomiting and diarrhoea
- Headache
- Dizziness
- Drowsiness
- Confusion
- Inflammation at the site of injection
- Swelling of your veins or infection near the site of injection

**Do not be alarmed by this list. You may not experience any of them.**

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## Storage

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### *Storage*

**Compound Sodium Lactate (Hartmann's) will be stored by your doctor or pharmacist under the recommended conditions of store below 25°C for the Freeflex bags.**

### *Disposal*

**Any Compound Sodium Lactate (Hartmann's) which is not used and which is left in the container, will be disposed of in a safe manner by your doctor or pharmacist.**

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## Product description

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### *What it looks like*

Compound Sodium Lactate (Hartmann's) is a clear and colourless solution.

## *Ingredients*

Compound Sodium Lactate (Hartmann's) contains sodium lactate (3.17g/L), sodium chloride (6.0g/L), potassium chloride (400 mg/L) and calcium chloride dihydrate (270mg/L) in water for injections.

## *Products*

Compound Sodium Lactate (Hartmann's) comes in various pack sizes. They can be identified by the AUST R numbers.

### **freeflex** Bags

250mL AUST R 148935

500mL AUST R 29771

1000mL AUST R 47410

## *Supplier*

Fresenius Kabi Australia Pty  
Limited  
Level 2, 2 Woodland Way  
Mount Kuring-gai NSW 2080  
Australia  
Telephone: (02) 9391 5555

Fresenius Kabi New Zealand  
Limited  
60 Pavilion Drive  
Airport Oaks, Auckland, 2022  
New Zealand  
Freecall: 0800 144 892

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