

EVEROCAN

Everolimus

Consumer Medicine Information

This leaflet provides important information about using everolimus.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using everolimus.

Where to find information in this leaflet:

1. Why am I using everolimus?
2. What should I know before I use everolimus?
3. What if I am taking other medicines?
4. How do I use everolimus? 5. What should I know while using everolimus?
6. Are there any side effects?
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1. Why am I using everolimus?

Everocan contains the active ingredient everolimus.

EVEROCAN is used to treat adult patients who have had kidney, heart or liver transplants. It helps to prevent your body from rejecting the transplanted organ.

EVEROCAN contains the active ingredient everolimus. It belongs to a group of medicines called immunosuppressants. These medicines help to control your body's immune system.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed it for another reason. EVEROCAN is available only with a doctor's prescription and is not addictive.

There is not enough information to recommend the use of this medicine in children and adolescents.

2. What should I know before I use everolimus?

Warnings

- **Do not use everolimus if you are allergic to:**
 - Everolimus, or any of the ingredients listed at the end of this leaflet.
 - A similar medicine called Rapamune which contains the active ingredient sirolimus.
- Some of the symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing; sudden difficulty swallowing; swelling of the face, lips, tongue or other parts of the body; rash, itching or hives on the skin.
- Always check the ingredients to make sure you can use this medicine.
- Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes. Your doctor will want to know if you are prone to allergies.

Check with your doctor if you:

- have any other medical conditions such as problems with your liver, high cholesterol.
- take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to

monitor for them. See additional information under Section 6. **Are there any side effects?**

Pregnancy and breastfeeding

- Check with your doctor if you are pregnant or intend to become pregnant.
- Talk to your doctor if you are breastfeeding or intend to breastfeed.
- EVEROCAN is not recommended for use during pregnancy. Your doctor can discuss with you the risks and benefits involved.
- Tell your doctor if you are breastfeeding. Breastfeeding is not recommended while you are taking EVEROCAN. It is not known whether EVEROCAN passes into breast milk and could affect your baby.
- Tell your doctor if you are male and you want to father children. EVEROCAN may reduce sperm production in men, thus reducing the ability to father children. The effect is generally reversible. Tell your doctor if you are male or female and you want children.
- EVEROCAN may cause infertility in male or female patients.
- Medicines that suppress the immune system like EVEROCAN reduce your body's ability to fight against infections. It is advisable to consult your doctor if you have a fever or generally feel unwell, or have local symptoms such as coughing or a burning sensation

when urinating that are severe or persistent over several days.

- Consult your doctor right away if you feel confused, have problems speaking, memory loss, a headache, impaired vision or seizures, as these may be symptoms of a rare but very serious condition called progressive multiple leukoencephalopathy (PML).
- Tell your doctor if you have had recent major surgery, or if you still have an unhealed wound following surgery.
- EVEROCAN may increase the risk of wound- healing problems.
- If you have not told your doctor about any of the above, tell him/her before you start taking EVEROCAN.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and EVEROCAN may interfere with each other. These include:

- Immunosuppressive medicines other than cyclosporine for microemulsion, tacrolimus or corticosteroids.
- Antibiotics such as rifampicin, clarithromycin, erythromycin and rifabutin.
- Antifungal medicines such as ketoconazole, fluconazole and itraconazole.
- Medicines for high blood pressure or heart problems such as diltiazem and verapamil, dronedarone, a medicine used to help regulate your heartbeat.

- Medicines used to treat HIV/ AIDS such as nelfinavir, indinavir, amprenavir, efavirenz and nevirapine
- Medicines used to lower blood cholesterol, such as atorvastatin, pravastatin or fibrates
- Midazolam, a medicine used to treat acute seizures, or used as a sedative before or during surgery or other medical procedure.
- Epilepsy medicines such as carbamazepine, phenobarbitone and phenytoin.
- Octreotide, a medicine used to treat acromegaly, a rare hormonal disorder that usually occurs in middle- aged adults.
- Medicines for stomach ulcer or reflux such as cimetidine and cisapride.
- Medicines to prevent nausea and vomiting such as metoclopramide.
- Danazol, which is used to treat endometriosis.
- Bromocriptine, which is used to treat Parkinson's disease.
- Imatinib, a medicine used to inhibit the growth of abnormal cells.
- St John's wort, an herbal product used to treat depression and other conditions.

Such medicines may be affected by EVEROCAN or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Some vaccines may be less effective if given when taking EVEROCAN.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect everolimus.

4. How do I use everolimus?

How much to take / use

Kidney and heart transplantations:

- The usual starting dose is 0.75 mg EVEROCAN twice daily, taken in the morning and in the evening together with cyclosporine.
- The first dose of EVEROCAN will be given as soon as possible after transplantation.

Liver transplantation:

- The general recommended daily dose is 1 mg EVEROCAN twice daily, taken in the morning and in the evening, together with tacrolimus.
- The first dose of EVEROCAN will be given approximately four weeks after transplantation.
- Follow the instructions provided and use everolimus until your doctor tells you to stop.

Your doctor will take regular blood tests to measure the amount of EVEROCAN in your blood. If needed, your doctor will adjust your dose depending on the results from your blood tests.

When to take / use everolimus

- Always take EVEROCAN twice a day. It is best to take the doses 12 hours apart if possible.
- Taking your doses 12 hours apart and at the same time each day will have the best effect. It will also help you remember when to take them.
- EVEROLIMUS can be taken with or without food but should always be taken the same way. (e.g. always with food or always without food).
- If you are taking cyclosporine or tacrolimus, you should take it at the same time as EVEROCAN.

How to take it

- Swallow the tablets whole with a full glass of water.
- Do not crush or chew them.
- Do not take EVEROCAN with grapefruit juice.

You should do this even if there are no signs of discomfort or poisoning.

How long to take it

- Keep taking this medicine for as long as your doctor tells you.
- You will need to take EVEROCAN as long as you have your transplanted organ, or until your doctor changes your immunosuppressive medication.

If you forget to use everolimus

If it is almost time for your next dose skip the dose you missed and take your next dose when you are meant to.

Otherwise, take it as soon as you remember, and then go back to taking your medicine as you would normally.

Do not take a double dose to make up for the dose that you missed.

This may increase the chance of you getting an unwanted side effect.

If you miss more than one dose, ask your doctor for advice.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

If you use too much everolimus

If you think that you have used too much everolimus, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.