

## INFLAMAX™ SPRAY

Diclofenac sodium 4% w/w (40mg/g)

### Consumer Medicine Information

#### WHAT IS INFLAMAX SPRAY?

Inflamax Spray is a liquid that turns gel-like when sprayed onto the skin. It contains the active ingredient diclofenac, which belongs to a family of medicines called non-steroidal anti-inflammatory drugs (NSAIDs).

It contains the following inactive ingredients: ascorbyl palmitate, disodium edetate, absolute ethanol, hydrochloric acid, isopropyl alcohol, lecithin, peppermint oil, propylene glycol 15% w/w, purified water, dibasic sodium phosphate dodecahydrate, sodium hydroxide, monobasic sodium phosphate dihydrate

#### WHAT IS INFLAMAX SPRAY USED FOR?

Inflamax Spray provides temporary relief of local pain in acute soft tissue injuries and localised soft tissue rheumatism including sprains, strains, tendinitis, bursitis and sports injuries.

This medicine is not suitable for treating bruises.

#### BEFORE USING INFLAMAX SPRAY

- Tell your doctor or pharmacist if you have any of these medical conditions or have had them in the past:
  - asthma or other allergies
  - ulcers in stomach or bowel
  - bleeding from stomach or bowel
  - any other serious stomach or bowel problem
  - severe kidney disease

Unless a doctor has told you to, do not use this product if you have asthma.

- Tell your doctor or pharmacist if you are taking any of the following medicines:
  - warfarin (a medicine used to prevent blood clots)
  - aspirin, salicylates
  - any other anti-inflammatory medicines
  - any other medicines, including those obtained without a prescription.

Unless a doctor has told you to, do not use this product with other medicines containing diclofenac, with other anti-inflammatory medicines or with other medicines you are taking regularly. **This product contains propylene glycol, which may cause a mild localised skin irritation in certain people and peppermint oil which may cause allergic reactions.**

#### Do not use Inflamax Spray:

- On children under 15 years.
- In the last trimester (3 months) of pregnancy.
- On the breast areas of nursing mothers.
- If you have an allergy to:
  - diclofenac or any other ingredient listed at the start of this leaflet
  - aspirin
  - any other anti-inflammatory medicines
  - any other medicines for pain relief

If you are not sure if you are taking any of these medicines, ask your pharmacist.

#### Unless a doctor has told you to:

Do not use Inflamax Spray in the first 6 months of pregnancy.

#### HOW TO USE INFLAMAX SPRAY

Use Inflamax Spray exactly as recommended. For external use only. Use only on healthy skin. Inflamax Spray is a liquid that turns gel-like when sprayed onto the skin.

#### Adults and children 15 years of age and over:

- Remove the protective cap
- Apply 4-5 sprays, three times a day as required onto the painful area. The number of sprays depends on the size of the affected area. Do not use more than 15 sprays a day.
- Rub into the skin. Wash your hands afterwards unless they are the site being treated.

Take care as the spray can stain your clothes if wet. When dry, Inflamax Spray can be used under a brace or non-occlusive bandages that are not airtight.

#### How long to use

- Do not use for more than 14 days without consulting your doctor.
- If there is no improvement in your symptoms, talk to your doctor.

#### What not to do

- Do not use Inflamax Spray on large areas of skin or for long periods of time. Prolonged or excessive use could be harmful.
- Do not use it on open wounds or injuries, or on skin that has a rash, infection, or eczema.
- Do not use inside the mouth or on other mucous membranes or in the vagina.
- Do not swallow.
- Do not use in or near the eyes. In case of accidental contact with the eyes, rinse eyes thoroughly with running water and see your doctor.
- Do not use under airtight or plastic bandages.

#### SIDE EFFECTS

If you develop signs of allergy, stop using Inflamax Spray and tell your doctor or pharmacist immediately.

Symptoms of an allergic reaction to these medicines may include:

- Asthma, wheezing or shortness of breath.
- Swelling of the face, lips, tongue or throat which may cause difficulty in swallowing or breathing, runny nose.
- Hives, itching or skin rash with blisters.
- Fainting.

If you are allergic to diclofenac, aspirin or other anti-inflammatory medicines and use Inflamax Spray, these symptoms may be severe.

Occasionally Inflamax Spray may irritate the skin where the gel is rubbed in. Very rarely, your skin may react to sunlight. Tell your pharmacist if you notice itching, redness, swelling or blistering of the skin in the treated area or if your skin becomes more sensitive to sunlight.

Some people may get other side effects of Inflamax Spray. Tell your pharmacist if you notice anything else that is making you unwell.

If you are over 65 years old, be careful while using this medicine and report any side effects promptly to your pharmacist or doctor. As people grow older, they are more likely to get side effects from medicines.

If Inflamax Spray is accidentally swallowed, particularly by a child, contact your doctor or the Poisons Information Centre (telephone: 13 11 26).

#### STORAGE

- Store below 25°C.
- Store out of reach of children.
- Do not use after the expiry date shown on the pack.

#### FURTHER INFORMATION

If you have any further questions about Inflamax Spray, contact your pharmacist.



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