

Noumed Valaciclovir

[valaciclovir hydrochloride hydrate]

Consumer Medicine Information

This leaflet provides important information about using Noumed Valaciclovir. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Noumed Valaciclovir.**

Where to find information in this leaflet:

1. Why am I taking Noumed Valaciclovir?
2. What should I know before I take Noumed Valaciclovir?
3. What if I am taking other medicines?
4. How do I take Noumed Valaciclovir?
5. What should I know while taking Noumed Valaciclovir?
6. Are there any side effects?
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1. Why am I taking Noumed Valaciclovir?

Noumed Valaciclovir contains the active ingredient valaciclovir hydrochloride hydrate. Noumed Valaciclovir belongs to a group of medicines called antivirals. Valaciclovir hydrochloride hydrate works by stopping the multiplication of the viruses which causes herpes, shingles and cold sores. It can reduce the length and severity of an outbreak of shingles and cold sores and the duration of pain, and shorten the healing time of crusts, associated with shingles and cold sores. It does not eliminate

the herpes virus (Herpes Simplex Virus or HSV) from the body.

Noumed Valaciclovir is used for the treatment of genital herpes, shingles (herpes zoster), ophthalmic zoster (shingles affecting the eye region) and cold sores (herpes labialis). It is also used to prevent cytomegalovirus (CMV) infection and disease following solid organ transplantation. CMV is another type of herpes virus that can cause symptoms similar to glandular fever (high temperature, sore throat and swollen glands).

2. What should I know before I take Noumed Valaciclovir?

Warnings

Do not take Noumed Valaciclovir if:

- you are allergic to valaciclovir hydrochloride hydrate, acyclovir, or any of the ingredients listed at the end of this leaflet.
- you are pregnant, trying to become pregnant, or breastfeeding.
- you have severe kidney disease.

Check with your doctor if you:

- have allergies to any other medicines, foods, preservatives, or dyes.
- you have a kidney or liver condition.
- you are anaemic (reduced red blood cells or iron stores). Care should be taken to ensure

adequate fluid intake in patients who are at risk of dehydration, such as the elderly.

- previous skin reactions with valaciclovir which may include a rash, fever, facial swelling or blistering/peeling skin.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Use in children

Noumed Valaciclovir should not be given to children.

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.