

RABEPRAZOLE GENERICHEALTH Tablets

Rabeprazole Sodium

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about RABEPRAZOLE GENERICHEALTH tablets. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking RABEPRAZOLE GENERICHEALTH against the benefits this medicine is expected to have for you.

If you have any concerns about using RABEPRAZOLE GENERICHEALTH ask your doctor or pharmacist.

Keep this leaflet with your medicine.

You may need to read it again.

What RABEPRAZOLE GENERICHEALTH is used for

The name of your medicine is RABEPRAZOLE GENERICHEALTH. It contains the active ingredient RABEPRAZOLE GENERICHEALTH.

Reflux Oesophagitis:

RABEPRAZOLE GENERICHEALTH is used to treat reflux oesophagitis or reflux disease. This can be caused by food and acid from the stomach flowing the wrong way (reflux) back up the

food pipe, also known as the oesophagus.

Reflux can cause a burning sensation in the chest rising up to the throat, also known as heartburn.

RABEPRAZOLE GENERICHEALTH is also used to help stop reflux oesophagitis from coming back or relapsing.

Peptic Ulcers:

RABEPRAZOLE GENERICHEALTH is used to treat peptic ulcers. Depending on the position of the ulcer it is called a gastric or duodenal ulcer. A gastric ulcer occurs in the stomach. A duodenal ulcer occurs in the duodenum which is the tube leading out of the stomach.

These ulcers can be caused by too much acid being made in the stomach.

Most people who have a peptic ulcer also have a bacteria called *Helicobacter pylori* in their stomach. Your doctor may also prescribe a course of antibiotics (clarithromycin and amoxicillin) for you. When RABEPRAZOLE GENERICHEALTH is taken with antibiotics, the combination therapy will kill the *Helicobacter pylori* and let your ulcer heal.

Chronic Gastritis:

The presence of the bacteria *Helicobacter pylori* may cause the stomach to become inflamed, resulting in pain, nausea and vomiting.

When RABEPRAZOLE GENERICHEALTH tablets are taken with antibiotics, they will help kill *Helicobacter pylori* and allow the stomach to heal.

How RABEPRAZOLE GENERICHEALTH works

RABEPRAZOLE GENERICHEALTH belongs to a group of medicines called proton pump inhibitors (PPIs). RABEPRAZOLE GENERICHEALTH works by decreasing the amount of acid the stomach makes, to give relief from the symptoms and allow healing to take place. Your food will still be digested in the normal way.

Your doctor may have prescribed RABEPRAZOLE GENERICHEALTH for another reason. Ask your doctor if you have any questions about why RABEPRAZOLE GENERICHEALTH has been prescribed for you.

RABEPRAZOLE GENERICHEALTH is only available with a doctor's prescription.

Before you take RABEPRAZOLE GENERICHEALTH

When you must not take it:

**Do not take RABEPRAZOLE
GENERICHEALTH if you have
an allergy to:**

- RABEPRAZOLE
GENERICHEALTH
- any of the ingredients listed at
the end of this leaflet.
- other proton pump inhibitors
(omeprazole, esomeprazole,
lansoprazole, pantoprazole).

Symptoms of an allergic reaction
may include:

- rash, itching or hives on the skin
- shortness of breath, wheezing or
difficulty breathing
- swelling of the face, lips, tongue
or other parts of the body

**Do not take RABEPRAZOLE
GENERICHEALTH if:**

- the packaging is torn or shows
signs of tampering.
- the expiry date (month and year)
printed on the pack has passed.
If you take RABEPRAZOLE
GENERICHEALTH after the
expiry date it may not work.

Before you start to take it:

You must tell your doctor if:

- you are pregnant or intend to
become pregnant.
- you are breast-feeding or intend
to breast-feed. It is not known if
RABEPRAZOLE
GENERICHEALTH passes into
breast milk.
- you have or have ever had liver
disease.

Taking other medicines:

**Tell your doctor or pharmacist if
you are taking any other
medicines, including medicines
you can buy without a
prescription from a pharmacy,
supermarket or health food shop.**

In particular, tell your doctor or
pharmacist if you are taking any of
the following:

- digoxin, a medicine used to treat
heart problems.
- ketoconazole, a medicine used
to treat fungal infections.
- Atazanavir, a medicine used
(with other antiretrovirals) to
treat HIV-1 infection.

These medicines may be affected by
RABEPRAZOLE
GENERICHEALTH or may affect
how well RABEPRAZOLE
GENERICHEALTH works. Your
doctor or pharmacist can tell you
what to do if you are taking any
other medicines.

**If you have not told your doctor
or pharmacist about any of the
above, tell them before you start
taking RABEPRAZOLE
GENERICHEALTH.**

Your doctor will advise you
whether or not to take
RABEPRAZOLE
GENERICHEALTH or if you need
to have your dose adjusted.

Taking RABEPRAZOLE GENERICHEALTH

How much to take:

Adults

The usual dose is one tablet at the
same time each day. For treating
Helicobacter pylori infections in
combination with antibiotics
(clarithromycin and amoxicillin),
the dose is one tablet twice each
day, morning and evening.

The dose of RABEPRAZOLE
GENERICHEALTH tablets is
usually 20 mg, but may vary from
10 mg to 40 mg per day depending
on what condition you are being
treated for and how severe it is.

Children

RABEPRAZOLE
GENERICHEALTH should not be
given to children.

How to take it:

- RABEPRAZOLE
GENERICHEALTH should be
swallowed whole, with a glass
of water or other liquid.
- Do NOT crush or chew the
tablets. They have a special
coating, which protects them
from the acid in your stomach.
If the coating is broken by
chewing, the tablets may not
work.
- It does not matter if you take
RABEPRAZOLE
GENERICHEALTH with food
or on an empty stomach.

Ask your doctor or pharmacist for
help if you do not understand the
instructions provided with this
medicine.

If you forget to take it:

If you forget to take your tablet take
it as soon as you remember, and
then continue to take it as you
would normally.

However, if it is almost time for
your next dose, skip the dose you
missed and take your next dose
when you are meant to.

**Do not take a double dose to
make up for the dose you missed.**

If you are not sure what to do,
check with your doctor or
pharmacist.

If you have trouble remembering
when to take your medicine, ask
your pharmacist for some hints.

If you have taken too much (overdose):

Immediately telephone your doctor
or the Poisons Information Centre
for advice, or go to Accident and
Emergency at your nearest hospital.

Do this even if there are no signs of
discomfort or poisoning. You may
need urgent medical attention.

Poisons Information Centre
telephone numbers:
Australia: 13 11 26

New Zealand: 0800 POISON or
0800 764 766

Keep these telephone numbers handy.

While you are using RABEPRAZOLE GENERICHEALTH

Things you must do:

- Use RABEPRAZOLE GENERICHEALTH exactly as your doctor has prescribed.
- Always swallow RABEPRAZOLE GENERICHEALTH tablets whole.
- Tell your doctor if you become pregnant while you are taking RABEPRAZOLE GENERICHEALTH

Tell your doctor or pharmacist that you are taking RABEPRAZOLE GENERICHEALTH if you are about to start taking a new medicine.

Things you must not do:

- Do not use RABEPRAZOLE GENERICHEALTH to treat any other complaint unless your doctor says to.
- Do not give this medicine to anyone else, even if they have the same symptoms as you.
- Do not crush or chew the tablets.
- Do not give RABEPRAZOLE GENERICHEALTH to children.

Things that may help your condition

Some self help measures suggested below may help your condition. Talk to your doctor or pharmacist for more information about these measures.

- **Alcohol** - your doctor may advise you to limit your alcohol intake.
- **Aspirin and many other medicines used to treat arthritis/period**

pain/headaches - these medicines may irritate the stomach and may make your condition worse. Your doctor or pharmacist may suggest other medicines you can take.

- **Caffeine** - your doctor may advise you to limit the number of drinks which contain caffeine, such as coffee, tea, cocoa and cola drinks, because they contain ingredients that may irritate your stomach.
- **Eating habits** - eat smaller, more frequent meals. Eat slowly and chew your food carefully. Try not to rush at meal times.
- **Smoking** - your doctor may advise you to stop smoking or at least cut down.
- **Weight** - your doctor may suggest losing some weight to help your condition.

Side Effects

RABEPRAZOLE GENERICHEALTH is usually well tolerated but tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking RABEPRAZOLE GENERICHEALTH.

RABEPRAZOLE GENERICHEALTH helps most people with peptic ulcers or reflux disease, but it may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some side effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor if you experience any of the following and they worry you:

- headache

- dizziness
- diarrhoea
- constipation
- stomach pain
- muscle weakness
- flatulence
- dry mouth
- breast enlargement in men
- itchy rash accompanied by skin eruption

These side effects are usually mild.

Tell your doctor immediately if you notice any of the following:

- bleeding or bruising more easily than normal
- signs of frequent infections such as fever, severe chills, sore throat or mouth ulcers.

These are serious side effects. You may need urgent medical attention. Serious side effects are rare.

Tell your doctor immediately and do not take your next dose of RABEPRAZOLE GENERICHEALTH if you experience:

- signs of allergy such as skin rash, reddening, blisters or itching, swelling of the face, lips or other parts of the body, shortness of breath or wheezing.

Other side effects not listed above may also occur in some people. Tell your doctor if you notice anything making you feel unwell when you are taking, or soon after you have finished taking RABEPRAZOLE GENERICHEALTH.

Other problems are more likely to arise from the ulcer itself rather than the treatment.

For this reason contact your doctor immediately if you notice any of the following:

pain or indigestion
you begin to vomit blood or food
you pass black (blood-stained) motions.

Ask your doctor or pharmacist if you do not understand anything in this list.

After using RABEPRAZOLE GENERICHEALTH

Storage

RABEPRAZOLE
GENERICHEALTH tablets may be packaged in either a clear blister strip in an aluminium pouch with a desiccant sachet, or in a double-sided aluminium blister strip.

RABEPRAZOLE
GENERICHEALTH tablets packaged in the clear blister strips should be kept in the original aluminium pouch with the desiccant after opening. Any remaining RABEPRAZOLE
GENERICHEALTH tablets should be discarded 1 month after the aluminium foil pouch is opened.

Do not take RABEPRAZOLE
GENERICHEALTH tablets out of the blister pack until it is time to take them. If you take them out of the blister they may not keep well.

Keep RABEPRAZOLE
GENERICHEALTH tablets in a cool dry place where the temperature is below 25°C.

Do not store RABEPRAZOLE
GENERICHEALTH, or any other medicine, in the bathroom or near a sink. Do not leave medicines in the car or on window sills. Heat and dampness can destroy some medicines.

Keep your medicines where children cannot reach them. A locked cupboard at least one-and-a-half metres (1.5 m) above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop taking RABEPRAZOLE
GENERICHEALTH tablets, or the tablets have passed their expiry date, ask your pharmacist what to do with any tablets that are left over.

Product Description

*What RABEPRAZOLE
GENERICHEALTH looks like:*

**RABEPRAZOLE
GENERICHEALTH 10 mg
tablets** are red biconvex enteric coated tablets, plain on both sides.

**RABEPRAZOLE
GENERICHEALTH 20 mg
tablets** are yellow biconvex enteric coated tablets, plain on both sides.

RABEPRAZOLE
GENERICHEALTH 10 mg tablets are supplied in blister packs of 28 tablets.

RABEPRAZOLE
GENERICHEALTH 20 mg tablets are supplied in blister packs of 30 tablets

Ingredients

Each RABEPRAZOLE
GENERICHEALTH tablet contains 10 mg or 20 mg of rabeprazole as the active ingredient. Each tablet also contains the following other ingredients:

Magnesium oxide, mannitol, sodium starch glycollate, povidone (K-30) magnesium stearate, ethyl cellulose, diethyl phthalate, hypromellose phthalate, titanium dioxide, purified talc, The 10mg tablet also contains iron oxide red, and the 20mg tablet contains iron oxide yellow.

The tablets do not contain lactose or gluten.

Sponsor

Generic Partners Pty Ltd
576 Swan Street
Richmond VIC 3121

Australian Registration Number:

10mg: AUST R 189747
20mg: AUST R 189748

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