

Vizo-PF Bimatoprost

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using Vizo-PF Bimatoprost?

Vizo-PF Bimatoprost eye drops contains the active ingredient bimatoprost. Vizo-PF Bimatoprost eye drops is used to lower raised pressure in the eye and to treat glaucoma.

For more information, see Section [1. Why am I using Vizo-PF Bimatoprost?](#) in the full CMI.

2. What should I know before I use Vizo-PF Bimatoprost?

Do not use if you have ever had an allergic reaction to Vizo-PF Bimatoprost or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use Vizo-PF Bimatoprost?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with Vizo-PF Bimatoprost and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use Vizo-PF Bimatoprost?

- Use one drop in your affected eye(s), according to your doctor's instructions
- Use the drops each evening.

More instructions can be found in Section [4. How do I use Vizo-PF Bimatoprost?](#) in the full CMI.

5. What should I know while using Vizo-PF Bimatoprost?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist, pharmacist, or optometrist you visit that you are using Vizo-PF Bimatoprost eye drops.• Continue to use Vizo-PF Bimatoprost eye drops every evening unless your doctor tells you to stop.• Keep all your appointments so your condition can be checked.
Things you should not do	<ul style="list-style-type: none">• Do not touch the dropper tip against your eye, eye lid or any surface.• Do not stop using Vizo-PF Bimatoprost eye drops without checking with your doctor.• Do not use Vizo-PF Bimatoprost eye drops while you are wearing contact lenses.
Driving or using machines	<ul style="list-style-type: none">• Wait until your vision clears after using Vizo-PF Bimatoprost eye drops before driving or using machines.
Looking after your medicine	<ul style="list-style-type: none">• Follow all instructions on the carton and label.• Store it in a cool dry place, below 25 °C, away from moisture, heat, or sunlight.

For more information, see Section [5. What should I know while using Vizo-PF Bimatoprost?](#) in the full CMI.

6. Are there any side effects?

The most common side effects include red, congested eyes, growth of eyelashes, itching or irritation of the eye. Note that side effects can occur in other parts of the body, including serious allergic reaction (anaphylaxis).

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

Vizo-PF Bimatoprost

Active ingredient: *Bimatoprost*

Consumer Medicine Information (CMI)

This leaflet provides important information about using Vizo-PF Bimatoprost. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Vizo-PF Bimatoprost.**

Where to find information in this leaflet:

- [1. Why am I using Vizo-PF Bimatoprost?](#)
- [2. What should I know before I use Vizo-PF Bimatoprost?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Vizo-PF Bimatoprost?](#)
- [5. What should I know while using Vizo-PF Bimatoprost?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Vizo-PF Bimatoprost?

Vizo-PF Bimatoprost contains the active ingredient **bimatoprost**.

Vizo-PF Bimatoprost eye drops are used to lower raised pressure in the eye and to treat glaucoma.

Glaucoma is a condition where fluid pressure in the eye may be high, though it can also occur with normal pressure. It is typically caused by slow drainage of fluid, leading to a build-up and increased pressure. This pressure can damage the back of the eye, resulting in gradual and often unnoticed vision loss.

There are usually no symptoms, so regular checks of eye pressure, optic nerve, and visual field by a specialist are essential. If left untreated, glaucoma can lead to serious complications, including total blindness. In fact, untreated glaucoma is one of the most common causes of blindness.

Vizo-PF Bimatoprost eye drops lower the pressure in the eye by helping the flow of fluid out of the eye chamber.

Vizo-PF Bimatoprost eye drops can be used alone or together with other eye drops/medicines to lower raised pressure within your eyes.

Although Vizo-PF Bimatoprost eye drops help control your condition, they will not cure it.

Your doctor may have prescribed this medication for another reason. Ask your doctor if you have any questions about why Vizo-PF Bimatoprost eye drops have been prescribed for you.

For more information about glaucoma, contact Glaucoma Australia Inc (telephone 1800 500 880 or Glaucoma New Zealand (on 09 373 8779).

2. What should I know before I use Vizo-PF Bimatoprost?

Warnings

Do not use Vizo-PF Bimatoprost if:

- you are allergic to bimatoprost, or any of the ingredients listed at the end of this leaflet
- the vial is broken, the packaging shows signs of tampering, or the product does not look quite right
- the expiry date on the bottle has passed
- more than four weeks has passed since opening the bottle.

Check with your doctor if:

- you have or have had inflammation in the eye, such as uveitis
- you have had eye surgery
- your eye does not have a lens
- your eye has an artificial lens, following cataract surgery
- the capsule ("bag") that normally holds the eye's lens in place is torn, or ruptured
- you have had other problems with your eyes, such as inflammation or swelling of the light sensitive part of the eye known as the macula, a diabetes-related eye condition
- you have a diabetes-related eye condition, such as diabetic retinopathy or blockage of a retinal vein
- you have or have had low blood pressure or a slow heartbeat
- you have or have had problems with your lungs or airways
- you have or have had problems with your liver or kidneys
- you take any medicines for any other condition
- you have had an allergy to any medicines or any other substances, such as foods, preservatives or dyes

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Children and adolescents

It is not known if Vizo-PF Bimatoprost eye drops are safe and useful for children and adolescents under 18 years and therefore its use is not recommended.

Pregnancy and breastfeeding

Make sure your doctor is aware that you are pregnant or plan to become pregnant or are breastfeeding or intend to breastfeed.

Cosmetic effects

Before you start using Vizo-PF Bimatoprost eye drops your doctor should tell you that some changes to your eyes may occur which may be permanent.

During treatment, Vizo-PF Bimatoprost may cause a loss of fat around the eye, which may cause your eyelid crease to deepen, your eye to appear sunken, your upper eyelid to droop, the skin around your eye to tighten and the lower white part of your eye to become more visible. The changes are typically mild, but if pronounced, they can affect your field of vision. The changes may disappear if you stop taking Vizo-PF Bimatoprost.

Eyelashes may also grow longer and thicker, and eyelashes, the skin around the eye and the coloured part of the eye (iris) may become darker. If only one eye is being treated the cosmetic differences between the eyes may be noticeable. None of these changes affect vision. If you have any concerns, ask your doctor or pharmacist.

Hair may grow where Vizo-PF Bimatoprost contacts the skin. It is important to use as directed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Vizo-PF Bimatoprost eye drops and affect how it works; while Vizo-PF Bimatoprost eye drops may affect how other medicines work.

Medicines that may reduce the effect of Vizo-PF Bimatoprost eye drops and where Vizo-PF Bimatoprost eye drops may reduce their effect include:

- other eye drops in the same class as Vizo-PF Bimatoprost eye drops, such as latanoprost, tafluprost, and travoprost.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Vizo-PF Bimatoprost eye drops.

4. How do I use Vizo-PF Bimatoprost?

Follow all directions given to you by your doctor carefully. The directions may differ from the information contained in this leaflet.

How much to use

- Your doctor will tell you how many drops you need to use each day. Use Vizo-PF Bimatoprost eye drops only as prescribed by your doctor.
- The usual dose of Vizo-PF Bimatoprost eye drops is one drop in the affected eye(s) once daily, according to your doctor's instructions.

When to use Vizo-PF Bimatoprost eye drops

- Use Vizo-PF Bimatoprost eye drops every day, at about the same time each day, preferably in the evening, unless your doctor tells you otherwise. Using your eye drops at the same time each day will have the best effect on your eye pressure. It will also help you remember when to use the eye drops.
- In some instances, Vizo-PF Bimatoprost eye drops needs to be used with other eye drops. Your doctor will let you know which drops, how to use them, and how long to use them.
- If you are using more than one eye drop product, wait 5 minutes before using the second product. If you are also using an eye ointment, instill the eye ointment last.
- If you are being changed from one eye drop to another, follow your doctor's instructions carefully as to when to stop the old drops and when to start the new drops.

How to use Vizo-PF Bimatoprost

You may find it easier to put drops in your eye while you are sitting or lying down.

If you are wearing soft contact lenses, remove them before putting the drops in your eye.

1. Wash your hands well with soap and water.
2. Remove the lid/cap.
3. Hold the bottle upside down in one hand between your thumb and forefinger or index finger.
4. Using your other hand, gently pull down your lower eyelid to form a pouch or pocket.
5. Tilt your head back and look up.
6. Put the tip of the bottle close to your lower eyelid. Do not let it touch your eye.
7. Release one drop into the pouch or pocket formed between your eye and eyelid by gently squeezing the bottle.
8. Close your eye. Do not blink or rub your eye.
9. While your eye is closed, place your index finger against the inside corner of your eye and press against your nose for about two minutes. This will help to stop the medicine from draining through the tear duct to the nose and throat, from where it can be absorbed into other parts of your body. Ask your doctor for more specific instructions on this technique.
10. Replace the lid/cap, sealing it tightly.
11. Wash your hands again with soap and water to remove any residue.

Wait 15 minutes before replacing your contact lenses.

If a drop misses your eye, try again. Wipe off any excess that runs down the cheek.

Be careful not to touch the dropper tip against your eye, eyelid or anything else to avoid contaminating the eye drops.

How long to use Vizo-PF Bimatoprost

Vizo-PF Bimatoprost eye drops help control your condition, but do not cure it. Therefore, Vizo-PF Bimatoprost eye drops must be used every day. Continue using Vizo-PF Bimatoprost eye drops for as long as your doctor prescribes.

If you forget to use Vizo-PF Bimatoprost

If you forget to use Vizo-PF Bimatoprost eye drops and it is almost time for your next dose, use your drops at the usual time the next evening.

If you miss your dose and remember through the night or in the morning, use the drops as soon as you remember and go back to using them at your usual time.

If you are not sure whether to skip the dose, talk to your doctor or pharmacist.

Do not use double the number of drops to make up for the dose you missed.

If you use too much Vizo-PF Bimatoprost

Immediately rinse your eyes with warm water.

If Vizo-PF Bimatoprost eye drops is accidentally swallowed, **you should immediately:**

- phone the Poisons Information Centre (by calling **13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using Vizo-PF Bimatoprost?

Things you should do

- Continue to use Vizo-PF Bimatoprost eye drops every evening unless your doctor tells you to stop. Vizo-PF Bimatoprost eye drops helps to control your condition but does not cure it.
- Use all the medication prescribed to treat your eye condition.
- Keep all your doctor's appointments so that your condition can be monitored, and your eye pressure can be checked.
- Tell your doctor if you think your condition is not improving while using Vizo-PF Bimatoprost eye drops.

Call your doctor straight away if you:

- develop any problems with your eye(s), such as, trauma, change of vision, infection in the eye or eyelid, or have eye surgery
- become pregnant while using Vizo-PF Bimatoprost eye drops.

Remind any doctor, dentist, pharmacist, or optometrist you visit that you are using Vizo-PF Bimatoprost eye drops.

Things you should not do

- Do not touch the dropper tip against your eye, eyelid or anything else, to avoid contaminating the eye drops.
- Do not stop using Vizo-PF Bimatoprost eye drops without checking with your doctor. Your eye pressure can rise again and may cause damage to your eye.
- Do not give Vizo-PF Bimatoprost eye drops to anyone else, even if they have the same condition as you.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Vizo-PF Bimatoprost eye drops affects you.

Your vision may blur for a short time after you put in your Vizo-PF Bimatoprost eye drops. If this happens you should wait until you can see well again before you drive or use machinery.

Looking after your medicine

Follow the instructions in the carton on how to take care of your medicine properly.

Store below 25 °C in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

When to discard your medicine

Discard the bottle 4 weeks after opening.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
<p>Effects on the eye(s):</p> <ul style="list-style-type: none"> red, congested eyes itching or irritation of the eye small spots on the eye surface feeling of something in the eye dry eye growth of eyelashes redness in or around eye or eyelid watery eyes inflamed eyelids eye discomfort eye strain burning of the eye and nearby eyelid itchy eye and eyelid inflammation inside the eye swelling of the surface of the eye sensitivity to light darkening of the area around the eye eyelash darkening darkening of the coloured part of the eye (iris) more often, the following effects have been seen: loss of fat in the eye region which can lead to deepening of your eyelid crease, sunken eye, drooping eyelid, tightening of the skin around your eye, and the lower white part of your eye to become more visible. <p>Effects on the body as a whole:</p> <ul style="list-style-type: none"> headache feeling weak and tired symptoms of a cold such as runny nose or nasal congestion excessive or abnormal hair growth in areas where the product repeatedly comes into contact with the skin nausea dizziness allergic skin reaction (rash, itching, hives) 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
<p>Effects on the eye(s):</p> <ul style="list-style-type: none"> eye discharge eye pain small spots on the eye surface 	<p>Call your doctor straight away, if you notice any of these</p>

<ul style="list-style-type: none"> blurred vision or changes in/disturbance of vision macular edema (build-up of fluid at the back of the eye, which causes vision to become blurry) spasm of the eyelids where there is uncontrolled blinking and squeezing of the eyelid. <p>Effects on the body as a whole:</p> <ul style="list-style-type: none"> high blood pressure asthma or worsening of asthma difficulty breathing depression (low mood, feelings of worthlessness) 	<p>serious side effects.</p>
<p>Effects on the body as a whole:</p> <ul style="list-style-type: none"> severe allergic reaction, including swelling of the tongue, lips and throat, difficulty breathing. 	<p>Go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Vizo-PF Bimatoprost eye drops contains

Active ingredient (main ingredient)	Bimatoprost 30 micrograms/mL
Other ingredients (inactive ingredients)	Sodium chloride Disodium hydrogen phosphate heptahydrate Citric acid monohydrate Sodium hydroxide Hydrochloric acid Water for injections

Do not take this medicine if you are allergic to any of these ingredients.

What Vizo-PF Bimatoprost eye drops looks like

Vizo-PF Bimatoprost eye drops is a clear, colourless, sterile solution in a white plastic container (Aust R 315400).

Who distributes Vizo-PF Bimatoprost eye drops

AFT Pharmaceuticals Ltd

113 Wicks Road

North Ryde

SYDNEY NSW 2113

Email: customer.service@aftpharm.com

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