

# FENOFIBRATE-WGR

*fenofibrate*

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## Consumer Medicine Information

This leaflet provides important information about taking FENOFIBRATE-WGR. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about taking FENOFIBRATE-WGR.**

*Where to find information in this leaflet:*

1. Why am I taking FENOFIBRATE-WGR?
2. What should I know before I take FENOFIBRATE-WGR?
3. What if I am taking other medicines?
4. How do I take FENOFIBRATE-WGR?
5. What should I know while taking FENOFIBRATE-WGR?
6. Are there any side effects?
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## 1. Why am I taking FENOFIBRATE-WGR?

**FENOFIBRATE-WGR contains the active ingredient fenofibrate.** FENOFIBRATE-WGR belongs to a group of medicines known as fibric acid derivatives. It works through the activation of a cell nuclear receptor called PPAR $\alpha$ , which reduces the amount of triglycerides and bad cholesterol made in the body and increases the good cholesterol.

Cholesterol is present in many foods and is also made in your body by the liver. If your body does not balance the amount of cholesterol it needs with the amount of cholesterol

eaten, then your cholesterol becomes too high.

High cholesterol is more likely to occur with certain diseases or if you have a family history of high cholesterol.

When you have high levels of cholesterol it may 'stick' to the inside of your blood vessels instead of being carried to the parts of the body where it is needed.

Over time, this can form hard areas (called plaque) on the walls of your blood vessels, making it more difficult for the blood to flow. This blocking of your blood vessels can lead to heart disease (such as heart attack and angina), and stroke.

**FENOFIBRATE-WGR is used to help regulate cholesterol and triglycerides which are fat-like substances in the blood.**

Cholesterol is carried through the body by different proteins, LDL and HDL. LDL cholesterol is the 'bad' cholesterol that can block your blood vessels. HDL cholesterol is the 'good' cholesterol that is thought to remove the 'bad' cholesterol from the blood vessels.

In most patients, fenofibrate reduces the bad cholesterol and can actually raise the good cholesterol. It does not reduce the cholesterol that comes from fat in food.

Therefore, when you are taking FENOFIBRATE-WGR, you also need to follow a low-fat diet and other measures, such as exercise and weight control.