

DUTATAM 500/400

Dutasteride 500 micrograms and tamsulosin hydrochloride 400 micrograms

Consumer Medicine Information

This leaflet provides important information about using DUTATAM 500/400. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using DUTATAM 500/400.**

Where to find information in this leaflet:

1. Why am I using DUTATAM 500/400?
2. What should I know before I use DUTATAM 500/400?
3. What if I am taking other medicines?
4. How do I use DUTATAM 500/400?
5. What should I know while using DUTATAM 500/400?
6. Are there any side effects?
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1. Why am I using DUTATAM 500/400?

DUTATAM 500/400 contains the active ingredient dutasteride and tamsulosin hydrochloride.

Dutasteride belongs to a group of medicines called 5-alpha reductase enzyme inhibitors and tamsulosin hydrochloride belongs to a group of medicines called alpha-blockers.

DUTATAM 500/400 is used to treat men with benign prostatic hyperplasia (BPH).

BPH is a non-cancerous enlargement of the prostate gland which is located at the lower portion of the urinary bladder surrounding the urethra (urine carrying tube). In men with BPH, the prostate gland becomes large enough to squeeze the urine tube running through it. If this tube is squeezed it narrows, making it more difficult to pass urine and you may have some or all of the following symptoms.

- difficulty in starting to urinate
- an interrupted, weak urinary stream
- more frequent urination, especially at night
- feeling that you need to urinate right away
- leaking or dribbling
- a feeling that you cannot empty your bladder completely

As the disease progresses, untreated BPH can lead to an increased risk of complete blockage of urine flow (acute urinary retention) and/or the need for surgery.

Prostate growth is caused by a hormone in the blood called dihydrotestosterone (DHT). The dutasteride component of DUTATAM 500/400 lowers DHT production in the body, leading to shrinkage of the enlarged prostate in most men. The tamsulosin hydrochloride component of DUTATAM 500/400 acts by relaxing the smooth muscle in your prostate gland, making it easier to pass urine.