

Melatonin Sandoz® Sleep Aid

MODIFIED RELEASE TABLETS

Melatonin

Consumer Medicine Information

This leaflet provides important information about using Melatonin Sandoz Sleep Aid. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Melatonin Sandoz Sleep Aid.**

Melatonin Sandoz Sleep Aid is used to improve sleep quality and morning alertness in patients over 55 years of age with primary insomnia with poor quality of sleep.

Where to find information in this leaflet:

1. Why am I using Melatonin Sandoz Sleep Aid?
2. What should I know before I use Melatonin Sandoz Sleep Aid?
3. What if I am taking other medicines?
4. How do I use Melatonin Sandoz Sleep Aid?
5. What should I know while using Melatonin Sandoz Sleep Aid?
6. Are there any side effects?
7. Product details

1. Why am I using Melatonin Sandoz Sleep Aid?

Melatonin Sandoz Sleep Aid contains the active ingredient melatonin. Melatonin Sandoz Sleep Aid is (not of plant or animal origin), belongs to a group of naturally occurring hormones produced in the body.

Melatonin works by controlling the circadian rhythms and increasing the propensity to sleep.