

Nurofen® 12 Hour

Ibuprofen 300mg

Consumer Medicine Information

This leaflet provides important information about using Nurofen 12 Hour. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Nurofen 12 Hour.**

Where to find information in this leaflet:

1. Why am I using Nurofen 12 Hour?
2. What should I know before I use Nurofen 12 Hour?
3. What if I am taking other medicines?
4. How do I use Nurofen 12 Hour?
5. What should I know while using Nurofen 12 Hour?
6. Are there any side effects?
7. Product details

1. Why am I using Nurofen 12 Hour?

Nurofen 12 Hour contains the active ingredient Ibuprofen. Nurofen 12 Hour is a Pharmacist only medicine. Ibuprofen belongs to a group of non-steroidal anti-inflammatory drugs (NSAID) medications that have pain relieving and fever relieving properties. Nurofen 12 Hour is made to release its ingredient slowly over 12 hours so you need to take less doses than standard tablets.

Nurofen 12 Hour is used for the temporary relief of pain and inflammation associated with: headache, migraine headache, tension headache, sinus pain, toothache, dental procedures, back pain, muscular aches and pains, arthritis, osteoarthritis, rheumatic pain, period pain, fibrositis, neuralgia, sore throat, tennis elbow, cold and flu symptoms. It also reduces fever.

2. What should I know before I use Nurofen 12 Hour?

Warnings

Do not use Nurofen 12 Hour if:

- you are allergic to any medicines containing Ibuprofen, aspirin or other NSAIDs or any of the ingredients listed at the end of this leaflet.
Always check the ingredients to make sure you can use this medicine.
Some of the symptoms of an allergic reaction may include:
 - shortness of breath;
 - wheezing or difficulty breathing;
 - swelling of the face, lips, tongue or other parts of the body; and
 - rash, itching or hives on the skin.
- you have any of the following conditions:
 - liver or kidney disease;
 - heart problems;
 - asthma that is sensitive to aspirin or NSAIDs;
 - a stomach ulcer or duodenal ulcer or if you have had either of these conditions or gastric bleeding or other gastrointestinal diseases in the past.
- if you are taking more than 75mg of aspirin a day.
If you are on low-dose (up to 75mg

daily) speak to your pharmacist before taking this medicine.

- in the last three months of pregnancy. It may affect the baby and also delay labour and birth.
- for children under 12 years of age.
- After the expiry date printed on the pack or if the package is torn or shows signs of tampering. If this medicine has expired or is damaged, return it to your pharmacist for disposal.

Check with your doctor or pharmacist if you:

- have or have had any other medical conditions
 - asthma;
 - stomach or duodenal ulcer;
 - signs of gastrointestinal bleeding, such as vomiting blood or bleeding from the back passage (rectum);
 - liver or kidney disease;
 - heart problems.
- take any medicines for any other condition
- if you are over 65 years of age.
Taking this medicine may increase the risk of you getting stomach, heart or kidney problems.
- have allergies to any other medicines, foods, preservatives or dyes.
- are not sure whether you should start taking Nurofen 12 Hour

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Pregnancy and breastfeeding

Check with your doctor or pharmacist if you are pregnant or intend to become pregnant.

Nurofen 12 Hour may affect your developing baby. Your pharmacist or doctor will discuss the benefits and possible risks of taking it during pregnancy.

Talk to your doctor or pharmacist if you are breastfeeding or intend to breastfeed.

This medicine may be taken by breastfeeding mothers; however small amounts of ibuprofen pass into the breast milk.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with Nurofen 12 Hour and affect how it works.

- warfarin, a medicine used to prevent blood clots;
- lithium, a medicine used to treat mood swings and some types of depression;
- medicines used to lower blood pressure;
- methotrexate, a medicine used to treat arthritis and some types of cancer;
- medicines used to treat heart failure;
- medicines such as prednisone, prednisolone and cortisone, which

reduce the activity of your immune system;

- zidovudine, a medicine used to treat HIV infection;
- aspirin, salicylate and other non-steroidal anti-inflammatory drugs (NSAIDs); and
- medicines used to treat diabetes.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Nurofen 12 Hour.